



VISAT ENGINEERING COLLEGE

Nelloorupara, Mutholapuram P O, Elanji, Ernakulam - 686665

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Metric No.	Parameter	Weightage
3.4.3 QnM	Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organized in collaboration with industry, community and NGOs) during the last five years.	20
3.4.3.1	Number of extension and outreach programs conducted in collaboration with industry, community, and Non-Government Organization through NSS/NCC/Red Cross/YRC etc., year wise during the last five years.	

NUMBER OF EXTENSION AND OUTREACH PROGRAMS CONDUCTED IN COLLABORATION WITH INDUSTRY, COMMUNITY, AND NON-GOVERNMENT ORGANIZATION THROUGH NSS/NCC/RED CROSS/YRC ETC., YEAR WISE DURING THE LAST FIVE YEARS.

Year	2018 - 2019	2019 - 2020	2020 - 2021	2021 - 2022	2022 - 2023
Number Of Activities	1	1	1	8	23



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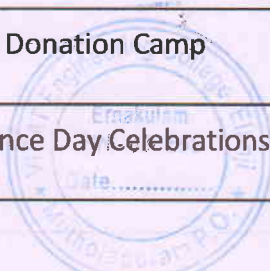
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NUMBER OF EXTENSION AND OUTREACH PROGRAMS CONDUCTED BY THE INSTITUTION THROUGH NSS/NCC/RED CROSS/YRC DURING THE ACADEMIC YEAR 2018 – 2019

Sl.No:	Date	Name Of The Activity	Organizing Unit /Agency/ Collaborating Agency	Name Of The Scheme
1	25/01/2019 31/01/2019	NSS Special Camp		NSS Unit 570

NUMBER OF EXTENSION AND OUTREACH PROGRAMS CONDUCTED BY THE INSTITUTION THROUGH NSS/NCC/RED CROSS/YRC DURING THE ACADEMIC YEAR 2019 – 2020

Sl.No:	Date	Name Of The Activity	Organizing Unit /Agency/ Collaborating Agency	Name Of The Scheme
1	19/02/2020	Visit To Mariyalayam Old Age Home		NSS Unit 570

NUMBER OF EXTENSION AND OUTREACH PROGRAMS CONDUCTED BY THE INSTITUTION THROUGH NSS/NCC/RED CROSS/YRC DURING THE ACADEMIC YEAR 2020 – 2021

Sl.No:	Date	Name Of The Activity	Organizing Unit /Agency/ Collaborating Agency	Name Of The Scheme
1	25/01/2021	National Tourism Day - Clean Up Campaign	Elanji Gram Panchayat	NSS Unit 570



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Sl.No:	Date	Name Of The Activity	Organizing Unit /Agency/ Collaborating Agency	Name Of The Scheme
1	17/01/2022	Road Safety Awareness		NSS Unit 570
2	27/01/2022	Tree Planting On Birthdays		NSS Unit 570
3	03/02/2022	Webinar On Nalekai Thanal Lokam		NSS Unit 570
4	12/02/2022	Webinar On Web Application Security		NSS Unit 570
5	13/06/2022	Inauguration NSS And Unnat Bharat Abhiyan		NSS Unit 325
6	21/06/2022	International Yoga Day Celebrations		NSS Unit 325
7	06/07/2022 - 07/07/2022	Azadi Ka Amrut Mahotsav		NSS Unit 325 & 570
8	25/07/2022	Energy Conservation Rally		NSS Unit 570

NUMBER OF EXTENSION AND OUTREACH PROGRAMS CONDUCTED BY THE INSTITUTION THROUGH NSS/NCC/RED CROSS/YRC DURING THE ACADEMIC YEAR 2022 – 2023

Sl.No:	Date	Name Of The Activity	Organizing Unit /Agency/ Collaborating Agency	Name Of The Scheme
1	30/09/2022	Harithamithrom Digital Program Awareness And Survey	Piravom Municipality	NSS Unit 570
2	27/10/2022	Selection Of NCC Cadets Academic Year 2022 – 2023		NCC

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3	15/10/2022	Painting Waiting Shed	Elanji Gramapanchayat	NSS Unit 570 & 325
4	05/11/2022	Motivational Talk On My Defence Journey		NCC
5	11/11/2022	NCC Unit Inaugural Function		NCC
6	19/11/2022	Mariyalayam Old Age Home Visit		NSS Unit 325
7	19/11/2022	Swachh Rail Swachh Bharat Campaign Vaikom Railway Station		NCC
8	24/11/2022	Ayurveda Medical Camp	Government Ayurveda Hospital, Chellackapady	NSS Unit 325
9	30/11/2022	Blood Donation Camp	HDFC Bank Muvattupuzha & Matha Hospital Ettumanoor	NSS Unit 570
10	05/12/2022	One Campus One IAS		NSS Unit 325
11	24/12/2022 - 31/12/2022	Combined Annual Training Camp		NCC
12	07/01/2023	Swachh Rail Swachh Bharat Campaign Kanjiramattom Railway Station		NCC
13	26/01/2023	Patriotic Run	Lions Club, Elanji	NCC
14	26/01/2023	Republic Day Celebration		NCC
15	14/04/2023	Road Maintenance Work	Aamro Dairy Farms, Vaikom	NSS Unit 325
16	24/05/2023	Awareness Campaign On The Adoption Of 'UTS' Mobile Application	Southern Railway	NCC
17	05/06/2023	World Environmental Day Celebrations		NCC

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18	21/06/2023	International Yoga Day Celebrations		NCC
19	27/06/2023	Blood Donation Camp	HDFC Bank Muvattupuzha & Amrita Institute Of Medical Science	NSS Unit 570 & 325
20	15/08/2023	Independence Day Celebrations		NCC
21	28/09/2023	Swachhata Pakhwada – Piravam Railway Station		NCC
22	30/09/2023	Selection Of NCC Cadets Academic Year 2023 – 2024		NCC
23	02/10/2023	Swachhata Pakhwada – Kanjiramattom Railway Station		NCC



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1. NSS SPECIAL CAMP

Name Of The Programme	NSS Special Camp
Date	25/01/2019 to 31/01/2019
Time	10:00 am to 03:30 pm
Organizer	NSS Unit 570
Collaborating Agency	
Number Of Volunteers	60
Place	Elanji
Motto	Rebuild Kerala
Outcomes	<ul style="list-style-type: none">➤ Comprehend the greater need for social work during after the flood phase.➤ Appreciate the role of students as social workers after flood.➤ Analyse the role of Higher Educational Institutions and the corporate sector in extending social work related activities.

Description

Kerala has suffered significant damage as a result of the 2018 and 2019 floods. The Hon'ble Chief Minister of Kerala's Rebuild Kerala Initiative (RKI) has been crucial in accelerating post-flood restoration programmes and attaining the government's Navakeralam aim. As a result, from January 25 to January 31, 2019, the NSS Unit 570 volunteers of the Vijnan Institute of Science and Technology participated in the mission of Rebuild Kerala by conducting a seven-day special camp. The programmes of the camp included:

- (a) The primary goal of the camp was to conduct a digital survey of the Elanji Gram panchayat, during which volunteers collected information about the flood-affected areas and flood-related damages and uploaded the report via the "Rebuild Kerala" Mobile application. The volunteers conducted a door-to-door survey in the houses of Elanji Gram Panchayat.
- (b) The volunteers helped clean the premises of homes that had been adversely affected by the flood. They removed the shrubs and weeds, gathered the trash, and used pressure pumps to wash the dirt and debris from the houses that were inundated with water due to the flood.
- (c) The volunteers took part in cleaning the premises of Elanji Junction. They also cleaned the Elanji Bus Waiting shed which was also adversely affected due to flood.

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- (d) The volunteers visited Mariyalayalm Old Age Home at Elanji. This programme was set up to educate pupils on the value of treating the elderly with respect. They spent time sharing their memories and were actively involved in entertaining the inhabitants with dance and music for about 2 hours. They had their lunch at the old age home and also served lunch to the residents.
- (e) To help Mrs Susheela P, a resident of Koorumala, with the cost of her medical care, the volunteers raised a total of Rs. 10,000 from the students, faculty, and non-teaching staff and handed over to the lady.
- (f) On the last day of the camp, the best NSS volunteers were selected and honoured with a memento by the NSS programme Officer of NSS Unit 570.

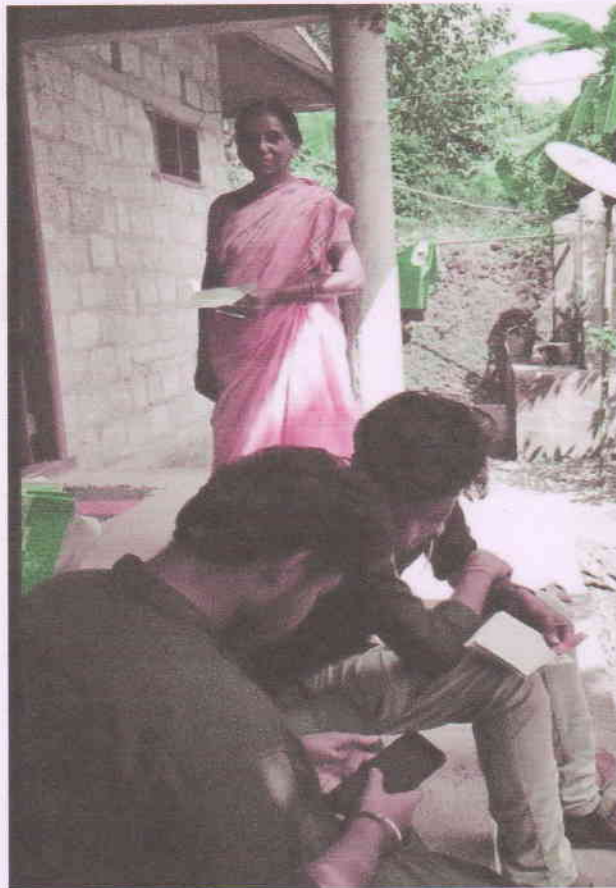


Photo 1.1: The NSS volunteers engaging in 'Rebuild Kerala' digital survey.



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Photo 1.2: The NSS volunteers engaging in cleaning the premises of homes that had been adversely affected by the flood.



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Photo 1.3: The NSS volunteers engaging in cleaning the premises of Elanji junction.



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Photo 1.4: The NSS volunteers engaging in cleaning the Elanji bus waiting shed.



Photo 1.5: The NSS volunteers handing over the fund to Mrs Susheela P.



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Photo 1.6: The NSS volunteers with the Mariyalayam Old Age Home residents.



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Photo 1.7: The NSS programme officer honouring the best NSS volunteers.



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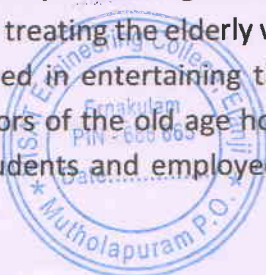
1. VISIT TO MARIYALAYAM OLD AGE HOME

Name Of The Programme	Visit To Mariyalayam Old Age Home
Date	19/02/2020
Time	10:00 am to 12:30 pm
Organizer	NSS Unit 570
Collaborating Agency	
Number Of Volunteers	40
Place	Elanji
Motto	Choose Charity Choose Love
Outcomes	<ul style="list-style-type: none"> ➤ Suggest various ways of getting involved with the elder people so as to spend quality time with them. ➤ Learn the importance of social service to those in need. ➤ Promote student collaboration and solidarity.

Description

An act of charity is benevolence. Giving and sharing what we have with others who lack it is the act of doing so. It entails freely lending assistance to individuals in need. Charity can take the shape of money, material goods, time, or even pleasant words. Basic needs like food, water, clothing, shelter, healthcare, education, employment, and security may be provided. You may make a direct donation, work as a volunteer for a non-profit, or put money into a charitable trust. The impoverished, beggars, orphans, widows, homeless, jobless, stranded, handicapped, ill, or injured persons are frequently the recipients of charity. Charity may also be given to those in your life who are in dire need of it. Keep in mind that "Charity begins at home". Recipients of charity could also be the people close to you who desperately need your help. Remember the saying, "Charity begins at home". If we can give to strangers, we should also be able to give to our very own.

As part of our charity programme, 40 volunteers from the college's NSS unit 570 and five faculty members visited Mariyalayam Old Age Home at Elanji. This programme was set up to educate pupils on the value of treating the elderly with respect. They spent time sharing their memories and actively involved in entertaining the inhabitants with dance and music for about 2 hours. The coordinators of the old age home received Rs. 10,000 charity fund that had been raised from the students and employees of the Vijnan Institute of Science and



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Technology. It was a good experience for our students and they enjoyed the time spent with them.



Photo 2.1 : The NSS volunteers with the Mariyalayam Old Age Home residents.



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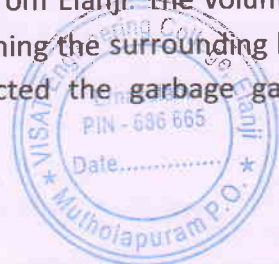
1. NATIONAL TOURISM DAY - CLEAN UP CAMPAIGN

Name Of The Programme	National Tourism Day - Clean Up Campaign
Date	25/01/2021
Time	10:00 am to 03:30 pm
Organizer	NSS Unit 570
Collaborating Agency	Elanji Gram Panchayat
Number Of Volunteers	50
Place	Koorumala And Areekkal Waterfalls
Motto	Clean Green India
Outcomes	<ul style="list-style-type: none">➤ Creation of awareness for saving our environment.➤ Demonstrate innovative ways to address issues related to Sanitation & Hygiene/Waste Management/ Water Management/Energy Management and Greenery.➤ Develop mind-set to take care of the Environment.

Description

There are numerous environmental issues impacting the planet in which we live. Pollution is one of the most urgent problems since it is hurting our land, water, and air. Millions of tonnes of trash are produced annually, much of which finds its way into our rivers, forests, and oceans. This explains the significance of clean-up campaigns like World Clean-Up Day , National Tourism Day etc.

On January 1, 2021, the Vijnan Institute of Science and Technology NSS unit 570 along with the faculties of the VISAT Engineering College in association with Elanji Gram Panchayat celebrated National Tourism Day with a clean campaign. In the morning session the campaign was held in Koorumala, a tourist destination in Kerala's Ernakulam district that is 2 kilometres from Elanji and 9 kilometres from Piravom. It's a stunning vista at the top of a relatively steep slope. The place boasts a viewing tower with a stunning view. In the afternoon session the clean-up drive took place at Areekkal Waterfalls, a tourist destination in Kerala's Ernakulam district that is 14 kilometres from Elanji. The volunteers were tasked with removing plastic debris from the area and cleaning the surrounding by removing the weeds and bushes. The Elanji Gram Panchayat collected the garbage gathered from Koorumala and Areekkal Waterfalls.



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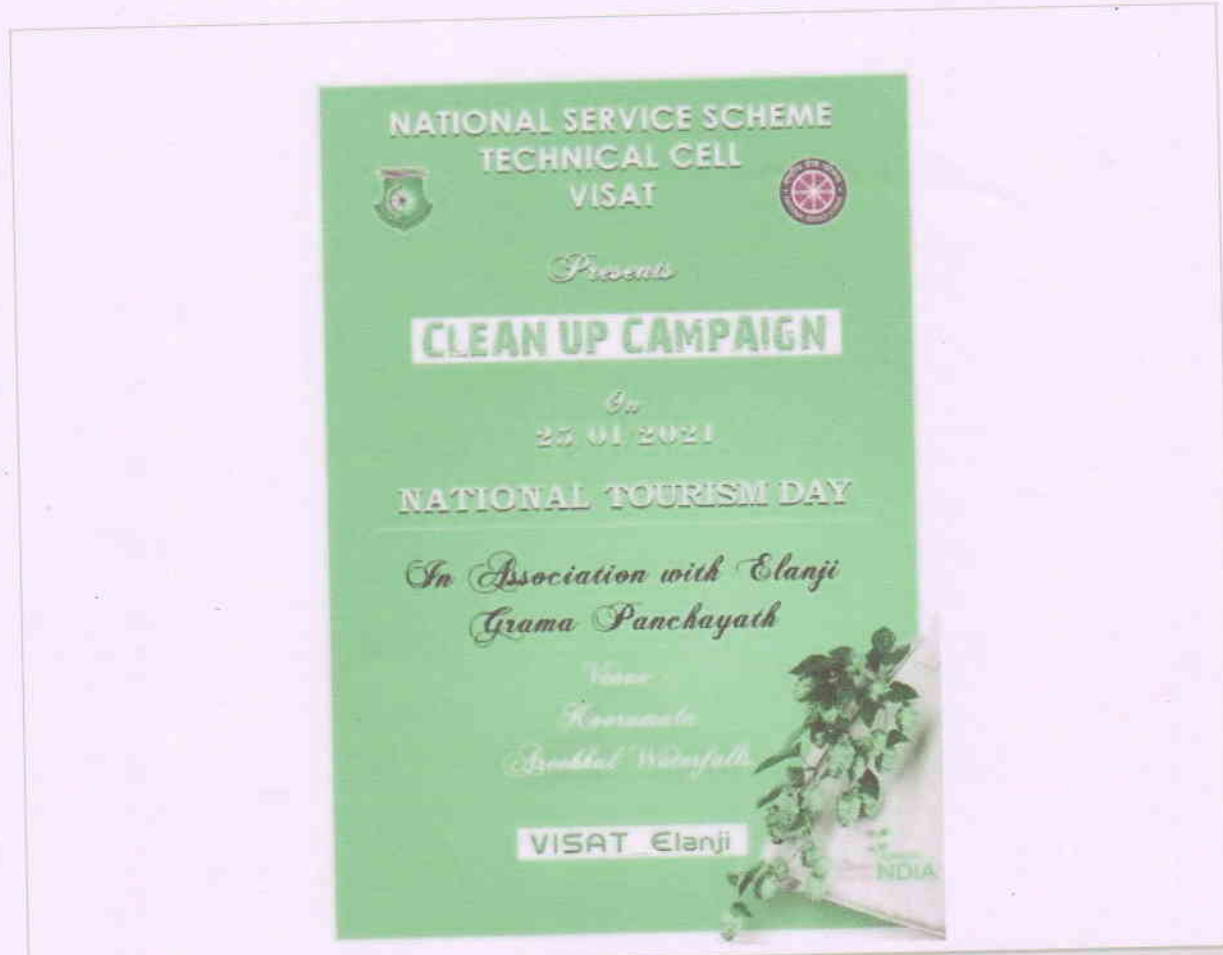


Photo 1.1: Poster on the National Tourism Day clean-up campaign.



Photo 1.2 : The NSS volunteers along with the faculties at Koorumala after the clean up campaign.



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Photo 1.3 : The NSS volunteers along with the faculties at Areekal waterfalls after the clean up campaign.



Photo 1.4 : The faculties of the Vijnan Institute of Science and Technology in front of the Areekal waterfalls.



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M P JOSEPH

VICE PRESIDENT

GRAMA PANCHAYATH MEMBER (Ward III)

FINANCE STANDING COMMITTEE CHAIRMAN

ELANJI - 686 665, Phone : 0485 2257352



MUTTAPPILLIL HOUSE
MUTHOLAPURAM P.O. - 686 665
ERNAKULAM (Dt.), KERALA
Mob : 9446135405

Date

**Appreciation Letter for Koorumala View Point Cleaning Drive on National
Tourism Day**

Date: 25/01/2021

Dear Volunteers,

We extend our heartfelt appreciation and gratitude to the dedicated NSS volunteers of VISAT Engineering College for their exemplary service during the Koorumala View Point cleaning drive, which was organized as part of National Tourism Day, 2021.

Your commitment, enthusiasm, and selfless service during this cleaning drive have made a substantial impact on the cleanliness and beauty of our local tourist attraction, the Koorumala View Point. Your efforts have not only enhanced the aesthetics but have also contributed to providing a more pleasant and memorable experience for visitors.

Your dedication to celebrating National Tourism Day through such a meaningful activity is truly commendable, and it aligns with the spirit of promoting our local attractions.

Please accept this letter as a token of our appreciation and acknowledgment of your outstanding work. We hope that you carry this spirit of service and love for tourism with you as you continue to make a positive impact in various aspects of society.

Thank you for your commitment, and we extend our best wishes for your future endeavors.

Sincerely,

Sri. M P Joseph

Vice President

Elanji Grama Panchayat

M P JOSEPH
Vice President
Elanji Gramapanchayath
Mob: 9446135405

Photo 1.5 : Proof of appreciation letter from the Elanji Grama Panchayat.



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NUMBER OF EXTENSION AND OUTREACH PROGRAMS CONDUCTED BY THE INSTITUTION THROUGH NSS/NCC/RED CROSS/YRC DURING THE ACADEMIC YEAR 2021 – 2022



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1. ROAD SAFETY AWARENESS

Name Of The Programme	Road Safety Awareness
Date	17/01/2022
Time	11:00 am to 02:30 pm
Organizer	NSS Unit 570
Collaborating Agency	
Number Of Volunteers	20
Place	VISAT Lecture Hall 3C20
Motto	Drive For Safety
Outcomes	<ul style="list-style-type: none">➤ Create awareness on road safety among students and faculties.➤ Understand the importance of a road safety and make aware about the importance of their and others life.➤ Motivate the students and faculties to follow road safety.

Description

Road safety is a widespread and significant subject that has been included in a number of disciplines, including education, social awareness, etc., to increase public awareness, particularly among school and college students. The issue of road safety impacts everyone in India. We all need to use the roadways to get to work, school, the hospital, the grocery store, the theatre, and other destinations. Most of us regularly utilise the roads as motorists, passengers, bikers, and walkers; for many others, driving is their primary line of work. Therefore, it is crucial to make sure that everyone may utilise the roadways securely.

The NSS unit 570 held a road safety awareness event in the VISAT lecture hall during National Road Safety Week (January 11 2022 –January 17 2022). A poster competition with the theme "Sadak Suraksha Jeevan Raksha" was held on January 17, 2022. Mr. Devadutt Nair and Mrs. Anisha Jayadevan, both from S5 CE, won first and second place, respectively.



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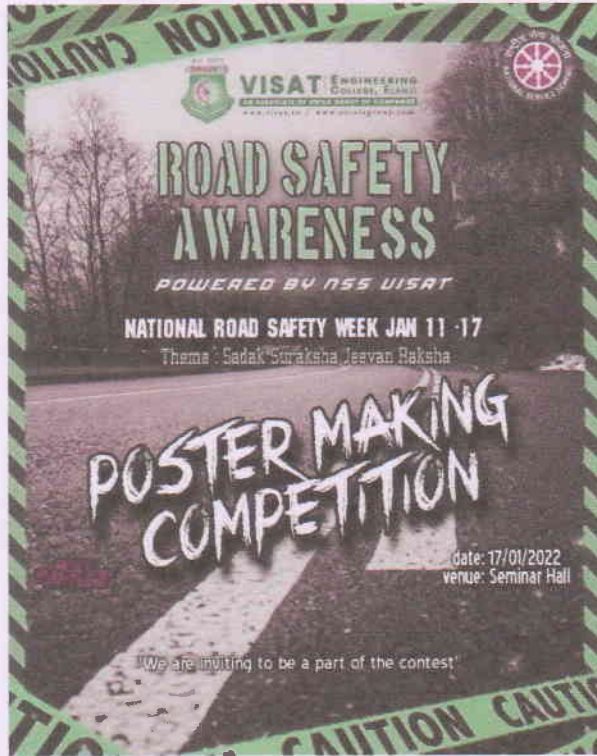


Photo 1.1: Poster on the 'Road Safety Awareness' poster making competition.



Photo 1.2: First prize winning poster.

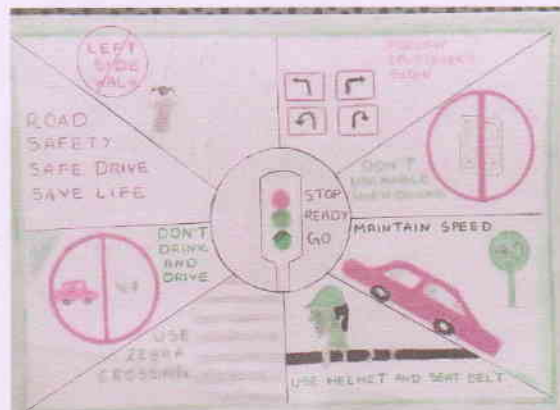


Photo 1.3: Second prize winning poster.



Norah

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Photo 1.4: Mrs. Anisha Jayadevan explaining the theme of her poster.



Photo 1.5: Mr. Devadutt Nair explaining the theme of his poster.



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2. TREE PLANTING ON BIRTHDAYS

Name Of The Programme	Tree Planting On Birthdays
Date	27/01/2022
Time	11:00 am
Organizer	NSS Unit 570
Collaborating Agency	
Number Of Volunteers	1
Place	VISAT Campus
Motto	One Tree, One Life
Outcomes	<ul style="list-style-type: none">➤ Develop mind-set to take care of the Environment.➤ Create environmental awareness among the students.➤ Felicitates the growth, development and nourishment of all its creatures➤ Planting trees connects students with nature and shows them that their hard work makes a difference in the world.

Description

Our earth would not exist without trees. Without trees, we could not survive. But in the modern world, deforestation is having an impact on the benefits that trees give us. In numerous ways, trees are essential to life's survival. We get food from trees that we need to survive, as well as oxygen from trees that we need to breathe. Additionally, several contaminants like Carbon Monoxide and Sulphur Di Oxide are absorbed by trees. Therefore, life cannot exist without trees. Many different birds, animals, and insects find shelter under trees. These species lose their shelter if we cut down trees, and their way of existence is completely disrupted. Save trees hence to save life.

A new project called "Birthday Tree Planting" from NSS unit 570 encourages pupils to plant a tree on their birthday. The Green Campus project served as the foundation for the introduction of this initiative. Gopika R of S7 CSE planted the first tree on campus on her birthday.



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Photo 2.1: Gopika R planting a sapling on her birthday.

3. WEBINAR ON NALEKAI THANAL LOKAM

Name Of The Programme	Webinar On Nalekai Thanal Lokam
Date	03/02/2022
Time	08:30 pm to 09:30 pm
Organizer	NSS Unit 570
Collaborating Agency	
Number Of Volunteers	30
Place	Online Platform
Motto	One Tree, One Life
Outcomes	<ul style="list-style-type: none">➤ Develop mind-set to take care of the Environment.➤ Create environmental awareness among the students.➤ Felicitates the growth, development and nourishment of all its creatures.➤ Planting trees connects students with nature and shows them that their hard work makes a difference in the world.




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Description

The college's NSS unit 570 hosted a webinar on the topic of "Thanal - Nalekai Thanal Lokam" in collaboration with the Natural Resources Protection Force (NRPF). Mr. Joel Joseph Jude, the NRPF Ernakulam Regional Coordinator, was the webinar's principal speaker. He discussed the significance of protecting forests and wildlife. He inspired the pupils to support afforestation and fight against deforestation. The NSS coordinator Mr Akhil Beshy coordinated the webinar and 30 students attended the webinar at 08:30 pm.

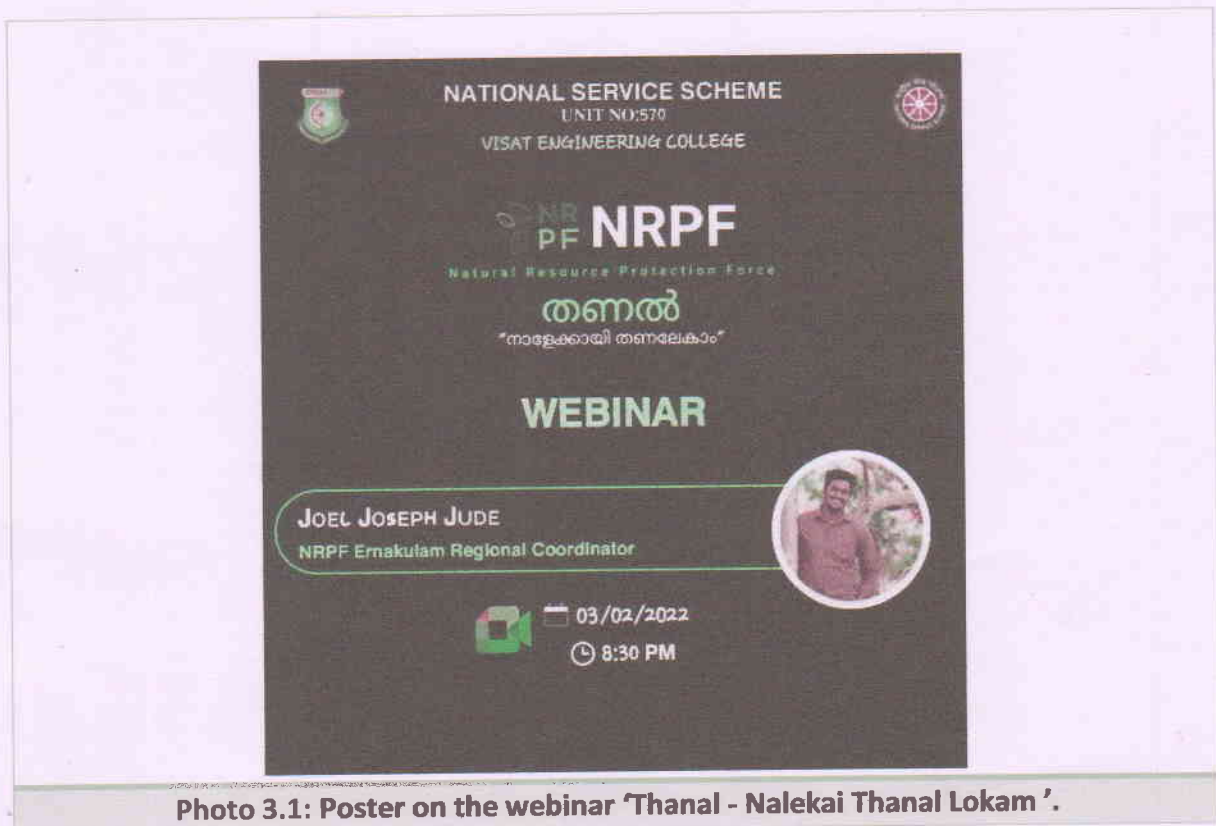


Photo 3.1: Poster on the webinar 'Thanal - Nalekai Thanal Lokam'.



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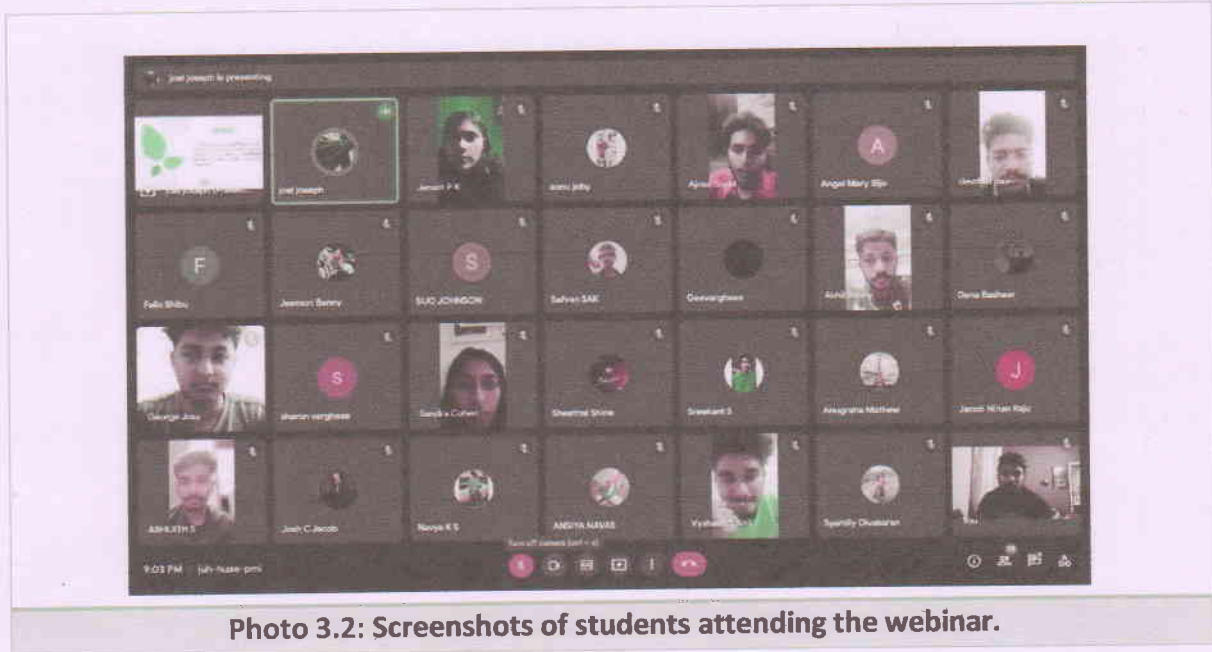


Photo 3.2: Screenshots of students attending the webinar.

4. WEBINAR ON WEB APPLICATION SECURITY

Name Of The Programme	Webinar On Web Application Security
Date	12/02/2022
Time	07:00 pm to 08:00 pm
Organizer	NSS Unit 570
Collaborating Agency	
Number Of Volunteers	30
Place	Online Platform
Motto	
Outcomes	<ul style="list-style-type: none"> ➤ First and foremost, a staff well-trained in cyber security poses less of a risk to the overall security of an organization's digital network and personal data. ➤ Define the security controls sufficient to provide a required level of confidentiality, integrity, and availability in an organization's computer systems and networks.



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Description

A growing number of our daily activities have moved online since we live in a digital age. Our reliance on cyber security has grown as a result of the fact that we work, communicate, transact business, and engage online. Cybercriminals are able to easily wreak havoc in our personal and professional lives. Our increased use of the internet and mobile devices increases our chances of taking advantage of our weaknesses. A successful cyberattack can bring a business to its knees in the commercial sector alone, creating harm that, in some situations, cannot be repaired. According to Accenture's Ninth Annual Cost of Cybercrime Study, the average cost of cybercrime was \$11.7 million in 2017 and \$13 million in 2018, an increase of 12 per cent and a 72 per cent increase over the previous five years, respectively.

The college's NSS unit 570 hosted a webinar on "Web Application Security" in collaboration with the Red Team Hacker Academy. Mr. Abhijith U K, the Head Trainer and Cyber Security Researcher, was the webinar's principal speaker. He provided an introduction to hacking and spoke about the need of cyber security. The NSS coordinator Mr Akhil Beshy coordinator the webinar and final year students from CSE and EC department attended the webinar at 07:00 pm.



Photo 4.1: Poster on the webinar 'Introduction To Web Application Security'.



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5. INAUGURATION OF NSS AND UNNAT BHARAT ABHIYAN

Name Of The Programme	Inauguration Of NSS And Unnat Bharat Abhiyan
Date	13/06/2022
Time	12:30 pm to 04:00 pm
Organizer	NSS Unit 325
Collaborating Agency	
Number Of Volunteers	100
Place	College Seminar Hall
Motto	Not Me But You
Outcomes	<ul style="list-style-type: none">➤ Respect for diversities in religion, language, culture, ethnicity, life style and habitat to instil a sense of National unity and social cohesion.➤ Inspiration to students to participate in community development and other social programme.

Description

The Inauguration of NSS and Unnat Bharat Abhiyan (UBA) activities for the academic year 2022-2023 were held on 13/06/22, Monday at 12:30 pm at VISAT seminar hall. The College Registrar, Prof. Subin P S welcomed the gathering. The Principal, Dr. Anoop K J delivered the introductory address. The Chairman, Sri. Raju Kurian proposed the presidential address. Sri. A K Saseendran, Honourable Minister for Forests and Wild Life protection, inaugurated the function by lighting the lamp and delivered the inaugural address. The main objective of this function was to make aware the local public about the activities of the college NSS unit 325 and to strengthen the schemes of UBA. Along with this, as a green campus initiative the college forestry club was established and inaugurated by the Honourable minister for Forests and Wild Life protection. As the first activity of the forestry club, sandalwood tree saplings were planted by the Honourable minister for Forests and Wild Life protection. The students of all batches, teaching and non-teaching staffs of VISAT, the local public, panchayat president, ward members, the volunteers of NSS and other clubs actively participated in the inaugural function.



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Photo 5.1: Poster on the 'Inauguration Of Forestry Club and NSS Activities of the year 2022- 2023.



Photo 5.2: Sri. A K Saseendran, Honourable minister for Forests and Wild Life protection addressing the students and faculties.



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Photo 5.3: The VISAT Group of Institutions Chairman, Sri. Raju Kurian honouring Sri. A K Saseendran, Honourable Minister for Forests and Wild Life protection.



Photo 5.4: Sri. A K Saseendran, Honourable minister for Forests and Wild Life protection planting sandalwood tree saplings.



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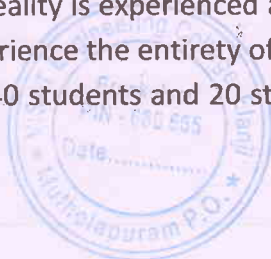
6. INTERNATIONAL YOGA DAY CELEBRATIONS

Name Of The Programme	International Yoga Day Celebrations
Date	21/06/2022
Time	09:30 am to 11:00 am
Organizer	NSS Unit 325
Collaborating Agency	
Number Of Volunteers	40
Place	College Mini Auditorium
Motto	Yoga For Humanity
Outcomes	<ul style="list-style-type: none">➤ Appreciate the benefit of yogasana to connect mind, body and spirit.➤ Awareness Generation among youth about the benefit of yogasanas.➤ Appreciate the relevance of practising yoga for a healthy life.

Description

Yoga is a practise that has been around for a very long time. The word "yoga," which has its primary Indian origins and means "to unite," is borrowed from Sanskrit. This unity denotes the final joining of the body and consciousness, leading to the achievement of unbreakable peace. Our current Prime Minister, Shri Narendra Modi, initiated it first. On June 21, 2015, he observed Yoga Day for the first time. On June 15, 2016, Yoga Day was observed globally and became known as International Yoga Day. Since that time, the Ministry of Ayurveda, Yoga, Naturopathy, Unani, Siddha, Sowa-Rigpa and Homoeopathy (AYUSH) in India has commemorated Yoga Day each year.

On June 21, 2022, VISAT Engineering College NSS volunteers celebrated International Yoga Day at the college mini auditorium. The volunteers from the NSS and students union, faculties and non-teaching staffs of VISAT Engineering College received training from yogacharya Mr Sakthidasan M S from the Wellness Centre in Hyderabad. The instructors emphasised that yoga is more than just holding one's breath and bending or twisting one's body. It is a method to help you enter a condition where reality is experienced and seen exactly as it is. It should be noted that yoga allows you to experience the entirety of the cosmos as a part of yourself, uniting all things into one. A total of 40 students and 20 staffs took part in the training and pledged to practise yoga every day.



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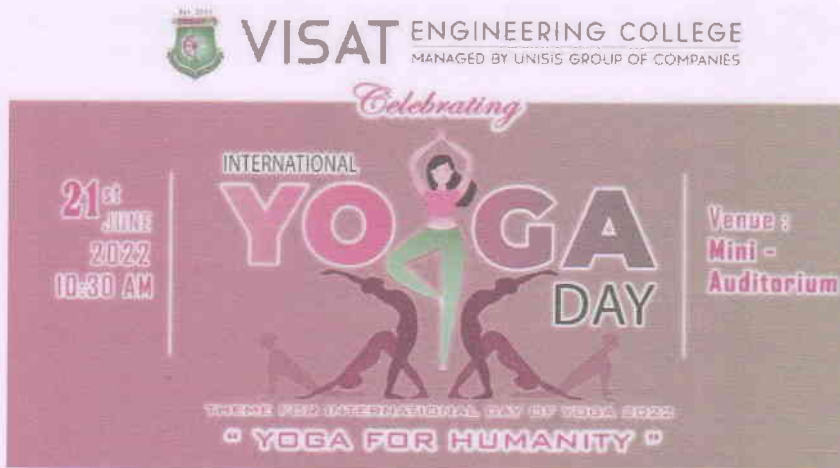


Photo 6.1: Poster on 'International Yoga Day'.



Photo 6.2: Yogacharya Mr Sakthidasan M S Inaugrating the yoga session by Lamp lighting.



Photo 6.3: A glimpse of the VISAT family undergoing yoga training.



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7. AZADI KA AMRUT MAHOTSAV

Name Of The Programme	Azadi Ka Amrut Mahotsav
Date	06/07/2022 To 07/07/2022
Time	09:30 am to 11:00 am
Organizer	NSS Unit 325 & 570
Collaborating Agency	
Number Of Volunteers	50
Place	College Seminar Hall
Motto	Freedom Is A Priceless Gem, Try To Preserve It
Outcomes	<ul style="list-style-type: none">➤ Strives to facilitate the youth and scholars to shoulder the accountability for fulfilling the country's efforts in recording the history of our Independence fighters.➤ Showcase the accomplishments of the independence movement to the world.➤ Echoes motivation from freedom warriors, new visions, new resolutions, and self-dependence.

Description

The Government of India has launched the Azadi Ka Amrit Mahotsav to commemorate and celebrate 75 years of independence as well as the illustrious past of its people, culture, and accomplishments. This Mahotsav is dedicated to the Indian people who, in addition to playing a key role in the country's evolution to this point, also possess the strength and capacity to realise Prime Minister Narendra Modi's vision of enabling India 2.0, fuelled by the spirit of Aatmanirbhar Bharat. The official journey of Azadi Ka Amrit Mahotsav commenced on 12th March 2021 which started a 75-week countdown to our 75th anniversary of independence and will end post a year on 15th August 2023.

While India was commemorating its 75th anniversary of independence, "Azadi Ka Amrut Mahotsav (AKAM)", our institution additionally honoured the auspicious day by holding competitions at the VISAT seminar hall that were conducted by the students' union and the college's NSS units 570 and 325. Twenty people took part in a quiz competition with the topic "India's Freedom Struggle" as the primary focus. The winners were Mr. Soubhag S. and Sonil K. S. The winner of a speech contest that followed with the theme "One Country, One People, and Nation First Always First" was George Josy. Forty students took part in a video



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presentation about India's freedom struggle entitled "Unsung Heroes of India's Freedom Struggle & Major Milestone Events in Indian Independence."

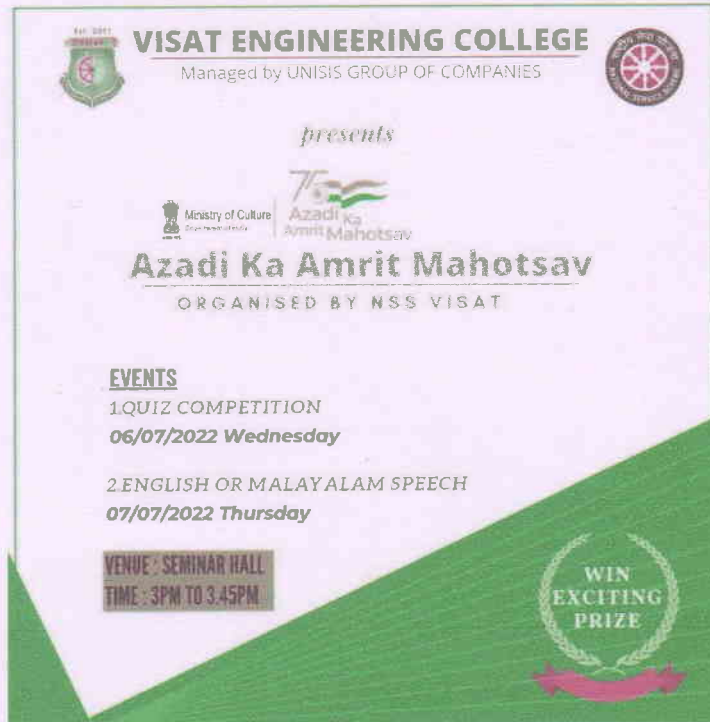


Photo 7.1: Poster on the 'Azadi Ka Amrit Mahotsav'.



Photo 7.2: Students participating in the quiz competition .

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Photo 7.3: Students participating in the speech competition.



Photo 7.4: Mr. Soubhag S receiving the prize for the speech competition from the HoD of Electrical And Electronics Engineering.



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PROFORMA FOR REPORTING AZADI KA AMRIT MAHOTSAV (AKAM) EVENTS

Particulars	Details				
Name of Institute	VISAT ENGINEERING COLLEGE				
PID	I-4-25599524	District	ERNAKULAM	State	KERALA
Name of event	AZADI KA AMRIT MAHOTSAV EVENTS 1.Quiz Competition 2.Speech 3.Video Presentation				
Start date of event	06/07/2022				
End date of event	08/07/2022				
Theme of event	<ul style="list-style-type: none"> Freedom Struggle Ideas@75 Achievements@75 Actions@75 Resolve@75 				
Description of event	1. QUIZ COMPETITION - India's Freedom Struggle 2. SPEECH - Malayalam / English 3. Video Presentation on Unsung Heroes of India's Freedom Struggle & Major Milestone Events in India's Freedom Struggle.				
Nature of participation in event	<ul style="list-style-type: none"> Only participation from within the Institute (no public) 				
Expected number of participants in event	50				
VIP attendees (if any)	NA				
Associate partners	Ministry #1:		State/UT#1:		
	Ministry#2:		State/UT#2:		
	Ministry#3:		State/UT#3:		
Mode of Event	<ul style="list-style-type: none"> Offline Event (in-person participation) 				
Mode of advertisement of event	<ul style="list-style-type: none"> Website Social Media Newspapers 				



PROFORMA FOR REPORTING AZADI KA AMRIT MAHOTSAV (AKAM) EVENTS

(Signature)	
Name of Principal / Director:	
Email ID:	
Phone number:	

Photo 7.5: Proof of programs conducted.



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8. ENERGY CONSERVATION RALLY

Name Of The Programme	Energy Conservation Rally
Date	25/07/2022
Time	11:00 am to 02:30 pm
Organizer	NSS Unit 570
Collaborating Agency	EMC , KDISC , KSEB, ANERT
Number Of Volunteers	40
Place	Elanji to Sreekaryam
Motto	For Your Better Tomorrow, Save Energy Today
Outcomes	➤ A slight change in behaviour and life style could result in significant energy savings.

Description

The VISAT Engineering College, Ernakulam hosted the Clean Energy Challenge rally organised by NSS Unit 570 on July 25, 2022. The program's objective was to raise awareness of Kerala's first Clean Energy Innovation and Business Incubation Centre (CEIBIC), which is being established as a collaboration between the Energy Management Centre (EMC) of Kerala, the Kerala Development and Innovation Strategic Council (KDISC), and Social Alpha's Clean Energy International Incubation Centre, with funding from the Kerala State Electricity Board (KSEB), the agency for New and Renewable Energy Research and Technology (ANERT), and Department Inspectorate Government of Kerala. The Energy Management Centre Campus in Sreekaryam will serve as the location for the centre.

The rally arrived at the VISAT Campus by 11 a.m. with an LED van, and it kicked off with an LED display of an awareness video about the clean energy challenge. The coordinator who attended the event explained the challenge's goal in detail. Following that, they had a quiz contest for the students, and Anugraha Mathew (S6 in CSE), Ajmal Siyad (S4 in EEE), Abhijith S (S4 in EEE), Vysakh.S. Anil (S6 in CE), and Alby (S2 in CSE) were the victors. An LED bulb was provided to each of them participated. The programme was successful in raising student knowledge of the value of energy conservation and assisted in spreading the word about the Kerala Government's CEIBIC project and website dedicated to energy conservation.



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Photo 8.1: The Clean Energy Challenge rally when arrived at the VISAT campus.



Photo 8.2: Group photo of the volunteers and the staffs participated in the Clean Energy Challenge rally.



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NUMBER OF EXTENSION AND OUTREACH PROGRAMS CONDUCTED BY THE INSTITUTION THROUGH NSS/NCC/RED CROSS/YRC DURING THE ACADEMIC YEAR **2022 – 2023**



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1. HARITHAMITHROM DIGITAL PROGRAM AWARENESS AND SURVEY

Name Of The Programme	Harithamithrom Digital Program Awareness And Survey
Date	30/09/2022
Time	10:00 am to 02:30 pm
Organizer	NSS Unit 570
Collaborating Agency	Piravom Municipality
Number Of Volunteers	20
Place	Piravom
Motto	Think Before You Trash
Outcomes	<ul style="list-style-type: none">➤ Proper management practices help minimize the garbage and scraps that need handling.➤ Reduce pollution Effects. It's vital to lower the impact garbage has on pollution.

Description

In developing nations, the rapid expansion of mobile communications technology is opening doors for social empowerment, grassroots creativity, and economic progress. The contribution that mobile applications may make to rural development giving millions of people living in rural regions access to markets, services, and information is one of the areas with the biggest potential for impact.

The College's NSS unit 570 took part in the Harithamithrom Application awareness programme and thereafter took part in the survey on Piravom Municipality for an effective waste management system. Mrs. Feba and Mrs. Shaiby from Piravom Municipality conducted the awareness session in the Seminar Hall of VISAT College. Later, multiple groups of volunteers along with the resource people were formed, one group for each municipality ward. They disseminated the application's barcode and informed the public about its use alongside health professionals. The Piravom municipality's health inspector organised the meeting. The Municipal Chairwoman Mrs. Aliyamma Philip appreciated the students for their cooperation and support.



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Photo 1.1 : Mrs. Shaiby from Piravom Municipality interacting with the VISAT NSS volunteers.



Photo 1.2 : Group photo of the volunteers and the staffs in front of the Piravom Municipality.



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Photo 1.3: Mrs. Feba from Piravom Municipality conducting the Harithamithrom application awareness programme.

2. SELECTION OF NCC CADETS

Name Of The Programme	Selection Of NCC Cadets Academic Year 2022 - 2023
Date	27/10/2022
Time	10:00 am to 02:30 pm
Organizer	NCC
Collaborating Agency	
Number Of Volunteers	130
Place	VISAT Campus
Motto	Unity And Discipline
Outcomes	<ul style="list-style-type: none">➤ A sense of patriotic commitment to encourage cadets to contribute to national development.➤ Respect for diversities in religion, language, culture, ethnicity, life style and habitat to instil a sense of National unity and social cohesion.



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Description

On October 27, 2022, NCC Cadets for the upcoming year were chosen. The cadets were chosen by 16K BN Kottayam NCC officers. 130 students in all took part in the selection process. After the physical test and direct interview, 32 cadets were chosen. Prior to confirmation, the chosen individuals were sent for a medical examination.



Photo 2.1: Male candidates undergoing physical test.



Photo 2.2: Female candidates undergoing physical test.



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Photo 2.3: ANO discussing with PI staff.

3. PAINTING WAITING SHED

Name Of The Programme	Painting Waiting Shed
Date	15/10/2022
Time	10:00 am to 03:00 pm
Organizer	NSS Unit 570 & 325
Collaborating Agency	Elanji Gramapanchayat
Number Of Volunteers	15
Place	Mutholapurom
Motto	Everyone Can Be Great, Because Everyone Can Serve
Outcomes	<ul style="list-style-type: none"> ➤ Encourage undergraduate students to undertake activities so that they individually be good and community wise do well. ➤ Develop problem solving attitude for social, environmental as well as personal need. ➤ Develop the spirit of cooperation and collaboration in addressing various social issues



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Description

In order to close socioeconomic gaps, social assistance is crucial. It is a tool for reducing poverty, addressing social inequities, and advancing equal opportunity. It promotes empathy, compassion, and unification, which helps maintain societal harmony. Each person can make a contribution to social service. Large organisations or governmental agencies are not the only ones who practise it. Giving of one's time, talents, or resources can have a profound effect. These people's individual activities can have a significant impact on society.

In collaboration with the Elanji Gramapanchayat, the college's NSS unit 570 painted and renovated the Mutholapuram bus waiting shed. In the presence of ward member Smt. Preethi, the programme was launched by Sri. M P Joseph, Vice President of the Elanji Gramapanchayat at 10: am. Mr. Nandu and Mrs. Neha handled the entire programme, the two NSS volunteer secretaries and 15 unit volunteers took part in the activity. The building and its environs were painted and cleaned, and the public waiting shed was updated. The Ward member thanked the VISAT students for their efforts and returned to the college at about 3:30 pm.



Photo 3.1: Mutholapuram bus waiting shed before painting.



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Photo 3.2 : Mutholapurom bus waiting shed after painting.



Photo 3.3: Group photo of the volunteers and the staffs in front of the painted Mutholapurom bus waiting shed.



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M P JOSEPH
VICE PRESIDENT
GRAMA PANCHAYATH MEMBER (Ward III)
FINANCE STANDING COMMITTEE CHAIRMAN
ELANJI - 686 665, Phone : 0485 2257352



MUTTAPPILLIL HOUSE
MUTHOLAPURAM P.O. - 686 665
ERNAKULAM (Dt.), KERALA
Mob : 9446135405

Date

Appreciation Letter for Waiting Shed Painting at Mutholapuram

Date: 15/10/2023

Dear Volunteers,

We extend our heartfelt appreciation and gratitude to the dedicated NSS volunteers of VISAT Engineering College for their remarkable service in the waiting shed painting at Mutholapuram, which took place on 15/10/2023.

Your commitment, enthusiasm, and selfless service have left an indelible mark on our community. The vibrant and well-maintained waiting shed now provides a more comfortable and pleasant experience for our residents.

Please accept this letter as a token of our appreciation and acknowledgment of your outstanding work. We hope that you carry this spirit of service and compassion with you as you continue to make a positive impact in various aspects of society.

Thank you for your dedication, and we extend our best wishes for your future endeavors.

Sincerely,

Sri. M P Joseph

Vice President

Elanji Grama Panchayat

M P JOSEPH
Vice President
Elanji Gramapanchayath
Mob: 9446135406

Photo 3.4: Proof of appreciation letter from the Elanji Grama Panchayat.



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4. MOTIVATIONAL TALK ON MY DEFENCE JOURNEY

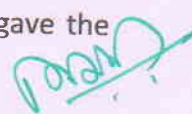
Name Of The Programme	Motivational Talk On My Defence Journey
Date	05/11/2022
Time	09:00 am to 10:30 am
Organizer	NCC
Collaborating Agency	
Number Of Volunteers	32 (NCC Cadets - 20)
Place	VISAT Seminar Hall
Motto	What I Can Do For My Country
Outcomes	<ul style="list-style-type: none">➤ A sense of patriotic commitment to encourage cadets to contribute to national development.➤ Respect for diversities in religion, language, culture, ethnicity, life style and habitat to instil a sense of National unity and social cohesion.➤ Strives to facilitate the youth and scholars to shoulder the accountability for fulfilling the country's efforts in recording the history of our Independence fighters.

Description

The air wing of the Indian Armed Forces is known as the Indian Air Force (IAF). Its main duties include protecting Indian airspace and carrying out aerial combat during armed situations. It was formally founded on 8 October 1932 as a British Empire auxiliary air force that bore the prefix Royal in recognition of India's World War II aviation participation. The Royal Indian Air Force continued to operate under the Dominion of India name after India attained independence from the United Kingdom in 1947. The prefix Royal was dropped in 1950 when Britain became a republic.

On November 5, 2022, the VISAT Engineering College's NCC Unit hosted an inspirational speech titled "My Defence Journey." Indian Air Force Wing Commander Pramod Nair (Retd) gave the speech and engaged in conversation with the trainees. SUO Adithayan gave the welcome address. The event was attended by 32 cadets.




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NCC Unit (Army Wing)
VISAT Engineering College
16K BN NCC Kottayam

Motivational Talk on
My Defence Journey
- sharing defence experience with NCC Cadets

on 5th November 2022 @ 9 am

Wing Commander Pramod Nair (Retd)
Indian Air Force



 

Photo 4.1: Poster on the motivational talk on 'My Defence Journey'.

5. NCC UNIT INAUGURAL FUNCTION

Name Of The Programme	NCC Unit Inaugural Function
Date	11/11/2022
Time	11:30 am to 03:00 pm
Organizer	NCC
Collaborating Agency	
Number Of Cadets	28
Place	VISAT Seminar Hall
Motto	Unity And Discipline
Outcomes	➤ A sense of patriotic commitment to encourage cadets to contribute to national development.

Description

On November 11, 2022, Col. Damodaran P, Commanding Officer, 16K BN NCC, Kottayam, conducted the official inauguration of the NCC Unit of VISAT Engineering College. The cadets gave the commanding officer a cordial welcome. He spoke in an inspirational manner.



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Subin P S, the college registrar, welcomed everyone. The keynote speech was given by Indian Air Force Wing Commander Pramod Nair (Retd). The event was attended by 30 cadets.



Photo 5.1: Lamp Lighting Ceremony.



Photo 5.2: Honouring the Chief Guest.



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Photo 5.3: Commanding Officer Group Photo with NCC Cadets.

ദീപിക

12.11.2022

വിസാറ്റ് എൻജിനീയറിംഗ് കോളജിൽ എൻസിസി യൂണിറ്റ് തുടങ്ങി

ഇലഞ്ഞി: വിസാറ്റ് എൻജിനീയറിംഗ് കോളജിലെ എൻസിസി യൂണിറ്റിന്റെയും ഡിഫെൻസ് പ്യൂബ്ലിക് സെല്ലിന്റെയും ഉദ്ഘാടനം കേരളം പി. ദാമോദരൻ നിർവഹിച്ചു. അച്ചടക്കമില്ലാത്ത ജീവിത ശൈലിയാണ് പുതുക്കലായ നേരിടുന്ന എല്ലാവരും വലിയ പ്രശ്നമെന്നും, അച്ചടക്കം സ്വീകരിക്കാതെ വെറുപ്പാകുമെന്നും ഇതിന് പ്രതിരോധം അർപ്പിക്കണമെന്നും കോളജ് പ്രിൻസിപ്പൽ ഡോ. കെ.ജെ. അനൂപ് അഭ്യർത്ഥിച്ചു. ഡയറക്ടർ വിംഗ് കമാൻഡർ പ്രമോദ് നായർ, രജിസ്ട്രാർ പ്രൊ. പി.എസ്. സുബിൻ, ഡോ. ടി.വി സുജാൻ, വിസാറ്റ് ആർട്സ് ആൻഡ് സയൻസ് കോളജ് പ്രിൻസിപ്പൽ ഡോ. ഫൈദ് മാത്യു, പിആർഒ ഷാജി ആറ്റുപുറം തുടങ്ങിയവർ പ്രസംഗിച്ചു.

ഇലഞ്ഞി വിസാറ്റ് എൻജിനീയറിംഗ് കോളജിലെ എൻസിസി യൂണിറ്റിന്റെയും ഡിഫെൻസ് പ്യൂബ്ലിക് സെല്ലിന്റെയും ഉദ്ഘാടനം കേരളം പി. ദാമോദരൻ നിർവഹിക്കുന്നു.

ഇലഞ്ഞി വിസാറ്റ് എൻജിനീയറിംഗ് കോളജിലെ എൻസിസി യൂണിറ്റിന്റെയും ഡിഫെൻസ് പ്യൂബ്ലിക് സെല്ലിന്റെയും ഉദ്ഘാടനം കേരളം പി. ദാമോദരൻ നിർവഹിക്കുന്നു.



Photo 5.4: News in Malayalam daily "Deepika" regarding the inauguration of NCC Unit in VISAT Engineering College

Photo 5.4: News in Malayalam daily "Deepika" regarding the inauguration of NCC Unit in VISAT Engineering College

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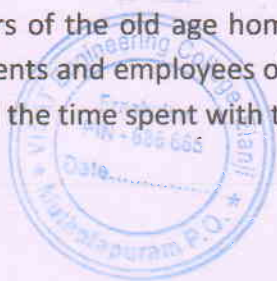
6. MARIYALAYAM OLD AGE HOME VISIT

Name Of The Programme	Mariyalayam Old Age Home Visit
Date	19/11/2022
Time	11:30 am to 03:00 pm
Organizer	NSS Unit 325
Collaborating Agency	
Number Of Volunteers	25
Place	Elanji
Motto	Choose Charity Choose Love
Outcomes	<ul style="list-style-type: none">➤ Associate with the elder people and help in the process of nation building➤ Promote student collaboration and solidarity.➤ Develop mind-set to take care of the elder people.

Description

An act of charity is benevolence. Giving and sharing what we have with others who lack it is the act of doing so. It entails freely lending assistance to individuals in need. Charity can take the shape of money, material goods, time, or even pleasant words. Basic needs like food, water, clothing, shelter, healthcare, education, employment, and security may be provided. You may make a direct donation, work as a volunteer for a non-profit, or put money into a charitable trust. The impoverished, beggars, orphans, widows, homeless, jobless, stranded, handicapped, ill, or injured persons are frequently the recipients of charity. Charity may also be given to those in your life who are in dire need of it. Keep in mind that "Charity begins at home". Recipients of charity could also be the people close to you who desperately need your help. Remember the saying, "Charity begins at home". If we can give to strangers, we should also be able to give to our very own.

As part of our charity programme, 25 volunteers from the college's NSS unit 325 and three faculty members visited Mariyalayam Old Age Home at Elanji. This programme was set up to educate pupils on the value of treating the elderly with respect. They spent time sharing their memories and actively involved in entertaining the inhabitants with dance and music for about 2 hours. They had their lunch at the old age home and also served lunch to the residents. The coordinators of the old age home received Rs. 15000 charity fund that had been raised from the students and employees of the VISAT. It was a good experience for our students and they enjoyed the time spent with them.



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Photo 6.1: The VISAT NSS volunteer handing over the cheque to the officials of the old age home authority.



Photo 6.2: The VISAT NSS volunteers having lunch with the Mariyalayam Old Age Home inhabitants.



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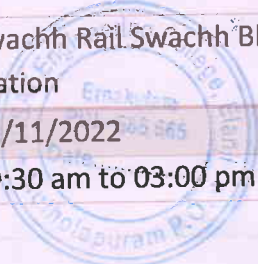
Photo 6.3: The VISAT NSS volunteers entertaining the residents with dance and music.



Photo 6.4: Group photo of the NSS volunteers, staffs and the residents in front of the Mariyalayam Old Age Home.

7. SWACHH RAIL SWACHH BHARAT CAMPAIGN VAIKOM RAILWAY STATION

Name Of The Programme	Swachh Rail Swachh Bharat Campaign Vaikom Railway Station
Date	19/11/2022
Time	09:30 am to 03:00 pm



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Organizer	NCC
Collaborating Agency	
Number Of Cadets	20
Place	Vaikom
Motto	Love Cleanliness, Cleanliness Is Next To Godliness
Outcomes	<ul style="list-style-type: none">➤ Creation of awareness for saving our environment.➤ Understand innovative ways to address issues related to Sanitation & Hygiene / Waste Management / Water Management/Energy Management and Greenery

Description

In 2015, the Ministry of Railways launched the "Swachh Rail, Swachh Bharat" campaign with the determination to create significant and sustainable improvement in cleanliness standards of trains and stations with the motive to improve the experience for the Indian passenger.

The "Swachh Rail Swachh Bharat Campaign" was carried out by the NCC unit of VISAT Engineering College on November 19, 2022, at Vaikom Railway Station. Mr. Monce Joseph Kerala MLA inaugurated the campaign. 29 NCC cadets in all took part in the campaign. The VISAT NCC cadets performed cleaning, painting, and gardening tasks.



Photo 7.1: The Kerala MLA Monce Joseph inaugurating the campaign.

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ദീപിക

റെയിൽവേ സ്റ്റേഷനും പരിസരവും വൃത്തിയാക്കി

മുഖ്യമന്ത്രി വിസാറ്റ് ഗ്രൂപ്പിന് ഓഫീസ് കെട്ടിടങ്ങളിലെ ഏരിയയിൽ നൂറു മീറ്റർ നീളവും നൂറു മീറ്റർ വീതിയും ഉള്ള വൃത്തിയാക്കൽ പ്രവർത്തനങ്ങൾക്ക് തുടക്കം കുറിച്ചു. വിസാറ്റ് ഗ്രൂപ്പിന്റെ ഓഫീസ് കെട്ടിടങ്ങളിലെ ഏരിയയിൽ നൂറു മീറ്റർ നീളവും നൂറു മീറ്റർ വീതിയും ഉള്ള വൃത്തിയാക്കൽ പ്രവർത്തനങ്ങൾക്ക് തുടക്കം കുറിച്ചു.

മുഖ്യമന്ത്രി വിസാറ്റ് ഗ്രൂപ്പിന് ഓഫീസ് കെട്ടിടങ്ങളിലെ ഏരിയയിൽ നൂറു മീറ്റർ നീളവും നൂറു മീറ്റർ വീതിയും ഉള്ള വൃത്തിയാക്കൽ പ്രവർത്തനങ്ങൾക്ക് തുടക്കം കുറിച്ചു. വിസാറ്റ് ഗ്രൂപ്പിന്റെ ഓഫീസ് കെട്ടിടങ്ങളിലെ ഏരിയയിൽ നൂറു മീറ്റർ നീളവും നൂറു മീറ്റർ വീതിയും ഉള്ള വൃത്തിയാക്കൽ പ്രവർത്തനങ്ങൾക്ക് തുടക്കം കുറിച്ചു.

21.11.2022



വിസാറ്റ് ഗ്രൂപ്പിന് ഓഫീസ് കെട്ടിടങ്ങളിലെ ഏരിയയിൽ നൂറു മീറ്റർ നീളവും നൂറു മീറ്റർ വീതിയും ഉള്ള വൃത്തിയാക്കൽ പ്രവർത്തനങ്ങൾക്ക് തുടക്കം കുറിച്ചു.

Photo 7.2: News in Malayalam daily "Deepika" regarding the cleaning activities conducted under the NCC unit of VISAT Group of Colleges.

8. AYURVEDA MEDICAL CAMP

Name Of The Programme	Ayurveda Medical Camp
Date	24/11/2022
Time	09:30 am to 03:00 pm
Organizer	NSS Unit 325
Collaborating Agency	Government Ayurveda Hospital, Chellackapady
Number Of Volunteers	30
Place	VISAT Admission Hall
Motto	Good Health Is Priceless



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Outcomes

- Learn the importance of social service to those in need.
- Generate ideas or ways to offer assistance to those in need such as helping elderly persons residing in neighbourhood.
- Appreciate the role of the doctors in providing
- continuous service to the nation.

Description

The NSS unit 325 conducted a free Ayurveda medical camp at the VISAT campus for the public and college staff on 24/11/2022 from 9.00 am to 1.00 pm as part of the 'Ayurveda @ 2047'. The camp was conducted in association with the Government Ayurveda Hospital, Chellackapady. The aim of the camp was to make an awareness of human values among the students. The camp was completed with a participant count of around 100. After consultation medicines were also distributed to the patients. The NSS volunteers of the college coordinated the event with the support from the college management.



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MANAGED BY VIJAN FOUNDATION OF COMPANIES
ELANJI, ERNAKULAM

VISAT Engineering College & VISAT Arts & Science College
B.Tech | BBA | B.Com (Finance & Taxation) | B.Com (Computer Application)

ആയുർവേദ @ 2047 ന്റെ ഭാഗമായി വിസാറ്റ് NSS യൂണിറ്റും ഗവൺമെന്റ് ആയുർവേദ ആശുപത്രി ചെള്ളയ്ക്കപ്പെടി യും സംയുക്തമായി സംഘടിപ്പിക്കുന്ന സൗജന്യ ആയുർവേദ ക്യാമ്പ്



സൗജന്യ ആയുർവേദ മെഡിക്കൽ ക്യാമ്പ്

- തീയതി: 2022 നവംബർ 24, വ്യാഴം
- സമയം: രാവിലെ 9 മുതൽ ഉച്ചയ്ക്ക് 1 വരെ
- സ്ഥലം: വിസാറ്റ് എഞ്ചിനീയറിംഗ് കോളേജ് കാമ്പസ്, ഇലഞ്ഞി

ഗവൺമെന്റ് ആയുർവേദ ആശുപത്രി ചെള്ളയ്ക്കപ്പെടി



NSS - VISAT | UNIT NO : 570,325
For more details contact: 8547362677, 2061451219

Photo 8.1: Poster on the Ayurveda Medical Camp.



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Photo 8.2: VISAT staffs registering for the medical camp.



Photo 8.3: VISAT students , staffs along with the medical officials from the Government Ayurveda Hospital, Chellackapady.



Principals

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9. BLOOD DONATION CAMP

Name Of The Programme	Blood Donation Camp
Date	30/11/2022
Time	09:30 am to 03:00 pm
Organizer	NSS Unit 570
Collaborating Agency	HDFC Bank Muvattupuzha and Matha Hospital , Ettumanoor
Number Of Volunteers	30
Place	VISAT Waiting Room
Motto	Donate Blood And Save Lives
Outcomes	<ul style="list-style-type: none">➤ Collect blood units but also to make students aware about blood and its benefits.➤ It was an effort to motivate students to come forward and donate for this noble cause.➤ Help anyone in case of any requirement for blood.

Description

Blood donation is the practise of giving blood to others in order to assist them with their medical issues. One of our body's most crucial fluids, blood is necessary for its proper operation. Blood loss can lead to fatal diseases and even death if it is excessive. Thus, it is clear how giving blood physically saves lives and benefits individuals. In addition, it binds people despite differences in caste, creed, religion, and other categories.

The college NSS unit 570 organised a camp for voluntary blood donation as an initiative of the community service club at the reception waiting room of the college campus. The camp was funded by HDFC Bank, Muvattupuzha and was conducted in collaboration with Matha Hospital, Ettumanoor. The camp was officially inaugurated by Dr. Sylvia Syriac from Matha Hospital. Along with the NSS volunteers, the college director, principal, registrar, dean, and heads of various departments were present in the camp. With about 40 donors, the camp wrapped up effectively.



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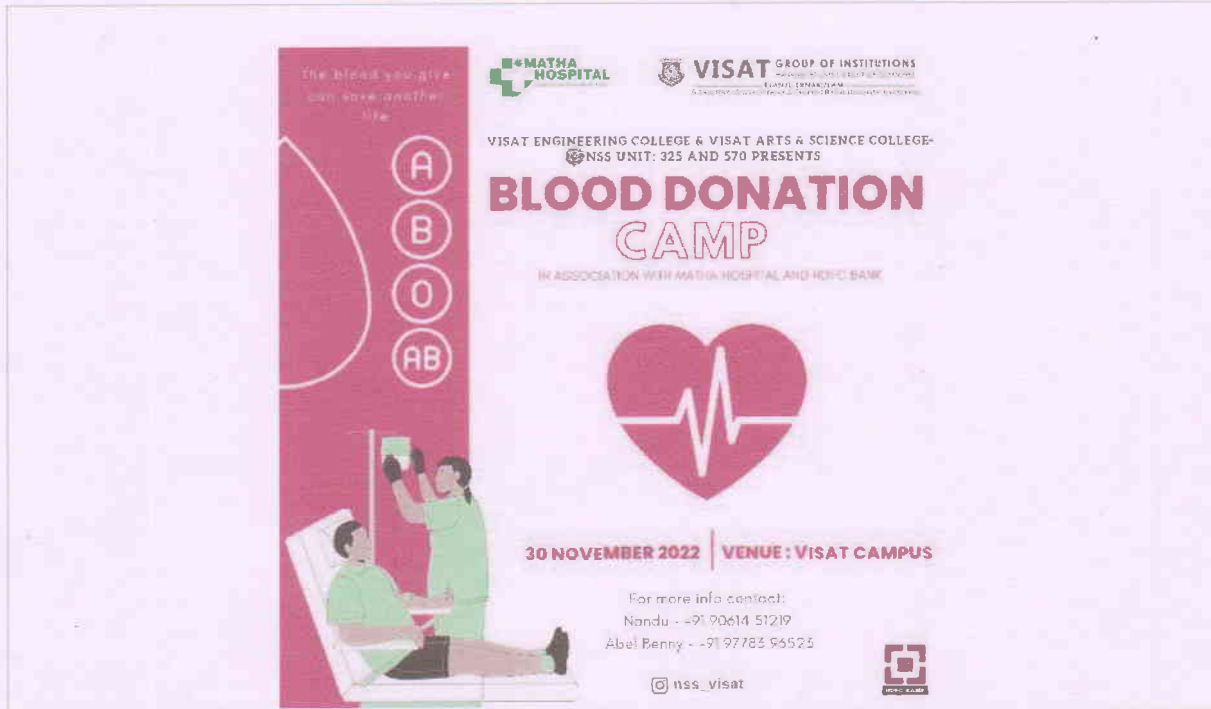


Photo 9.1: Poster on the blood donation camp.



Photo 9.2: The VISAT students donating their blood.



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Photo 9.3: The VISAT family with the medical professionals.

ദീപിക

01.12.2022

രക്തദാന ക്യാമ്പ് നടത്തി

ഇലഞ്ഞി: വിസാറ്റ് ഗ്രൂപ്പ് ഓഫ് ഇൻസ്റ്റിറ്റ്യൂഷൻസ്, കോട്ടയം മാതാ ആശുപത്രി, എച്ച്ഡിഎഫ്സി ബാങ്ക് എന്നിവരുടെ സംയുക്ത ആഭിമുഖ്യത്തിൽ രക്തദാന ക്യാമ്പ് നടത്തി. എൽജിനിയറിംഗ് കോളേജ് പ്രിൻസിപ്പൽ ഡോ. കെ. ജെ. അനൂപ് ക്യാമ്പ് ഉദ്ഘാടനം ചെയ്തു. കോളേജ് രജിസ്ട്രാർ

പി.എസ്. സുബിന്ദ്, മാതാ ആശുപത്രി പാരതോളജി വിഭാഗം മേധാവി ഡോ. സിദ്ദിഖ് സിറിയക് എന്നിവർ പ്രസംഗിച്ചു. എച്ച്ഡിഎഫ്സി ബി.എസ്.മാനേജർ ടി.പി. പ്രശാന്ത്, എൽഎസ്എസ് ഓഫീസർ അഖിൽ ബഷീർ എന്നിവർ ക്യാമ്പിനു നേതൃത്വം നൽകി.

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ഇലഞ്ഞി: വിസാറ്റ് ഗ്രൂപ്പ് ഓഫ് ഇൻസ്റ്റിറ്റ്യൂഷൻസ്, കോട്ടയം മാതാ ആശുപത്രി, എച്ച്ഡിഎഫ്സി ബാങ്ക് എന്നിവരുടെ സംയുക്ത ആഭിമുഖ്യത്തിൽ രക്തദാന ക്യാമ്പ് നടത്തി. എൽജിനിയറിംഗ് കോളേജ് പ്രിൻസിപ്പൽ ഡോ. കെ. ജെ. അനൂപ് ക്യാമ്പ് ഉദ്ഘാടനം ചെയ്തു. എച്ച്ഡിഎഫ്സി ബി.എസ്.മാനേജർ ടി.പി. പ്രശാന്ത്, എൽഎസ്എസ് ഓഫീസർ അഖിൽ ബഷീർ എന്നിവർ ക്യാമ്പിനു നേതൃത്വം നൽകി.



ഇലഞ്ഞി: വിസാറ്റ് ഗ്രൂപ്പ് ഓഫ് ഇൻസ്റ്റിറ്റ്യൂഷൻസ്, കോട്ടയം മാതാ ആശുപത്രി, എച്ച്ഡിഎഫ്സി ബാങ്ക് എന്നിവരുടെ സംയുക്ത ആഭിമുഖ്യത്തിൽ രക്തദാന ക്യാമ്പ് നടത്തി.

Principal Signature
PRINCIPAL

Photo 9.4: News in Malayalam Daily "Deepika" regarding the blood donation camp organized by VISAT Group of Institutions, Kottayam Matha Hospital and HDFC Bank



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10. ONE CAMPUS ONE IAS

Name Of The Programme	One Campus One IAS
Date	05/12/2022
Time	02:30 pm to 03:00 pm
Organizer	NSS Unit 325
Collaborating Agency	
Number Of Volunteers	26
Place	VISAT Seminar Hall
Motto	Arise, Awake, And, Stop Not Till The Goal Is Reached
Outcomes	<ul style="list-style-type: none">➤ Gaining clarity on career goals, identifying job market trends, evaluating one's skills and competencies, gaining knowledge about various industries, and exploring different career paths.

Description

People can receive formal professional counselling at various periods of their lives through career guidance. Along with this guidance, this process frequently entails formal courses that assist individuals in both planning and carrying out any career decisions. To assist each person through these adjustments, career development experts frequently build individualised or generalised programmes.

The college's NSS unit 325 held a quiz competition on "One Campus, One IAS" as a part of the state-level competition. The competition's primary goals were to raise awareness of UPSC exams among students and lay the foundations for competitive exams. The institution-level competition involved about 26 students, and two from the college were chosen for the final round.



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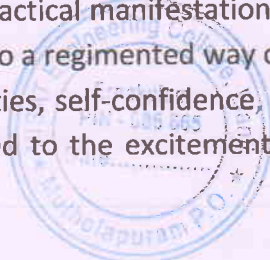
Photo 10.1: The students attending the quiz competition.

11. COMBINED ANNUAL TRAINING CAMP

Name Of The Programme	Combined Annual Training Camp
Date	24/12/2022 To 31/12/2022
Time	09:30 am to 12:00 pm
Organizer	NCC
Collaborating Agency	
Number Of Cadets	200 (VISAT NCC Cadets - 17)
Place	VISAT Campus
Motto	Unity And Discipline
Outcomes	<ul style="list-style-type: none"> ➤ The change in your personality will be reflected in your actions and behaviour as the Camp inculcates a sense of discipline, self-confidence, punctuality, and dedication in an individual. ➤

Description

Camp training is the practical manifestation of institutional training. The basic aim of Camps is to introduce cadets to a regimented way of life and helps in developing camaraderie, team work, leadership qualities, self-confidence, self-reliance and dignity of labour in the cadets. The cadets are exposed to the excitement of camp life where they apply the theoretical



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M. S. S.



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knowledge that they had gained in Institutional Training. It is mandatory for Junior Division/ Junior Wing cadets to attend at least one camp and Senior Division/ Senior Wing cadets to attend a minimum of two camps during the period of their enrolment.

VISIT Engineering College conducted the NCC Combined Annual Training Camp under the direction of Col. Dhamodaran, Commanding Officer, 16K BN NCC Kottayam. The camp attracted over 200 cadets from various colleges and high schools. Additionally, the training involves more than 60 PI employees. NCC cadets received training in multiple subjects, including sports, fire safety, yoga, personality development, and drill.



Photo 11.1: NCC cadets from different schools and colleges.



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12. SWACHH RAIL SWACHH BHARAT CAMPAIGN KANJIRAMATTOM RAILWAY STATION

Name Of The Programme	Swachh Rail Swachh Bharat Campaign Kanjiramattom Railway Station
Date	07/01/2023
Time	09:30 am to 03:00 pm
Organizer	NCC
Collaborating Agency	
Number Of Volunteers	20
Place	Vaikom
Motto	Love Cleanliness, Cleanliness Is Next To Godliness
Outcomes	<ul style="list-style-type: none">➤ Creation of awareness for saving our environment.➤ Understand innovative ways to address issues related to Sanitation & Hygiene / Waste Management / Water Management/Energy Management and Greenery.

Description

Swachh Rail, Swachh Bharat programme was launched on Indian Railways on 2nd October, 2014. Regular intensive campaigns/ drives have been organised since then over the Indian Railways with the sole objective to achieve significant and sustainable improvements in cleanliness standards. Followings are the measures/ achievements under Swachh Rail, Swachh Bharat programme:

- (a) Provision of mechanised cleaning contracts at 910 stations.
- (b) Provision of washable concrete aprons at stations.
- (c) More than 875 stations have Normal Pay and Use toilets and about 80 stations have Deluxe Pay and Use toilets.
- (d) Rag picking contracts and/or Garbage disposal contracts are available at more than 1280 stations over Indian Railways.
- (e) 166 plastic bottle crushing machines have been installed at 126 Stations.
- (f) Enforcement of Indian Railways (Penalties for activities affecting cleanliness at railway premises) Rules, 2012 has been intensified.
- (g) Use of CCTV is made at 345 stations to monitor cleanliness.



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(h) More than 2,00,000 bio-toilets have been installed in around 55,000 coaches covering about 90% fleet to prevent open discharge of human waste from coaches on tracks.

The "Swachh Rail Swachh Bharat Campaign" was carried out by the NCC unit of VISAT Engineering College on January 7, 2023, at Kanjiramattom Railway Station. The MLA Anoop Jacob inaugurated the camp. 29 NCC cadets in all took part in the campaign. The tasks carried out by VISAT NCC cadets include cleaning, painting, and gardening.



Photo 12.1: VISAT NCC cadets at Kanjiramattom Railway Station.



Anoop Jacob

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13. PATRIOTIC RUN

Name Of The Programme	Patriotic Run
Date	26/01/2023
Time	08:30 am to 10:00 am
Organizer	NCC
Collaborating Agency	Lions Club, Elanji
Number Of Volunteers	25 (NSS Cadets - 10)
Place	Koothattukulam to Elanji
Motto	Love Your Country Above All
Outcomes	<ul style="list-style-type: none">➤ Strives to facilitate the youth and scholars to shoulder the accountability for fulfilling the country's efforts in recording the history of our Independence fighters.➤ Showcase the accomplishments of the independence movement to the world.➤ Echoes motivation from freedom warriors, new visions, new resolutions, and self-dependence.

Description

Patriotism refers to the passionate love one has for their country. This virtue pushes to citizens of a country to work for their country selflessly and make it better. A truly developed country is made up of true patriots. In other words, patriotism means keeping the country's interest first and then thinking about oneself. Patriotism can be specifically seen during times of war. Moreover, it helps in building the nation stronger.

On January 26, 2023, the VISAT Engineering College's NCC section organised a Patriotic Run from Koothattukulam to Elanji in association with the Lions Club, Elanji. 10 Km Mini-Marathon to raise public awareness of the challenging encounters faced by Indian soldiers. The president of Lions Club, Elanji inaugurated the patriotic run by waving the flag. Also the Elanji Panchayath President honoured the senior citizen who took part in the patriotic run. 25 NCC cadets along with the staffs of the VISAT took part in the run.



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Photo 13.1: Elanji Lions Club members along with the VISAT family.



Photo 13.2: Elanji Panchayat President honouring the senior citizen.



M. Anand

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Photo 13.3: The president of Lions Club, Elanji inaugurating the patriotic run.



Photo 13.4: VISAT family members participating in the patriotic run.



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14. REPUBLIC DAY CELEBRATION


Name Of The Programme	Republic Day Celebration
Date	26/01/2023
Time	08:30 am to 10:00 am
Organizer	NCC
Collaborating Agency	
Number Of Volunteers	30 (NCC Cadets - 21)
Place	VISAT Campus
Motto	Love Your Country Above All
Outcomes	<ul style="list-style-type: none">➤ A sense of patriotic commitment to encourage cadets to contribute to national development.➤ Respect for diversities in religion, language, culture, ethnicity, life style and habitat to instil a sense of National unity and social cohesion.

Description

26th January is celebrated as Republic Day in our country. On this day in 1950, the constitution of our country was formally adopted and India became a fully sovereign state. The fundamental law of the country, the Constitution, was enacted out of the diligence and hard work of great men like Mahatma Gandhi and the numerous freedom fighters who fought and sacrificed their lives for the independence of our country. So, the 26th of January was declared a National holiday and has been recognized and celebrated as the Republic Day of India ever since.

On January 26, 2023, the VISAT Engineering College NCC unit celebrated Republic Day on our campus. The college director and the retired Indian Air Force Wing Commander Mr. Pramod Nair, hoisted the national flag. The VISAT principal, Dr. Anoop K J, gave a patriotic speak to the crowd about the significance of Republic Day. Also the best NCC cadets for the academic year 2022 -2023 were honoured by the college director Mr. Pramod Nair. There were 25 NCC cadets present in all.




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Photo 14.1: VISAT NCC cadets paraded for the Republic Day Celebration.



Photo 14.2: The college Director hoisting the National Flag.



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Photo 14.3: The college Director honouring the best NCC cadet.

15. ROAD MAINTAINANCE WORK

Name Of The Programme	Road Maintenance Work
Date	14/04/2023
Time	09:30 am to 03:00 pm
Organizer	NSS Unit 325
Collaborating Agency	Aamro Dairy Farms, Vaikom
Number Of Volunteers	15
Place	Elanji to Koorumala
Motto	Everyone Can Be Great, Because Everyone Can Serve
Outcomes	<ul style="list-style-type: none"> ➤ Encourage undergraduate students to undertake activities so that they individually be good and community wise do well. ➤ Develop the spirit of cooperation and collaboration in addressing various social issues ➤ Develop problem solving attitude for social, environmental as well as personal need.



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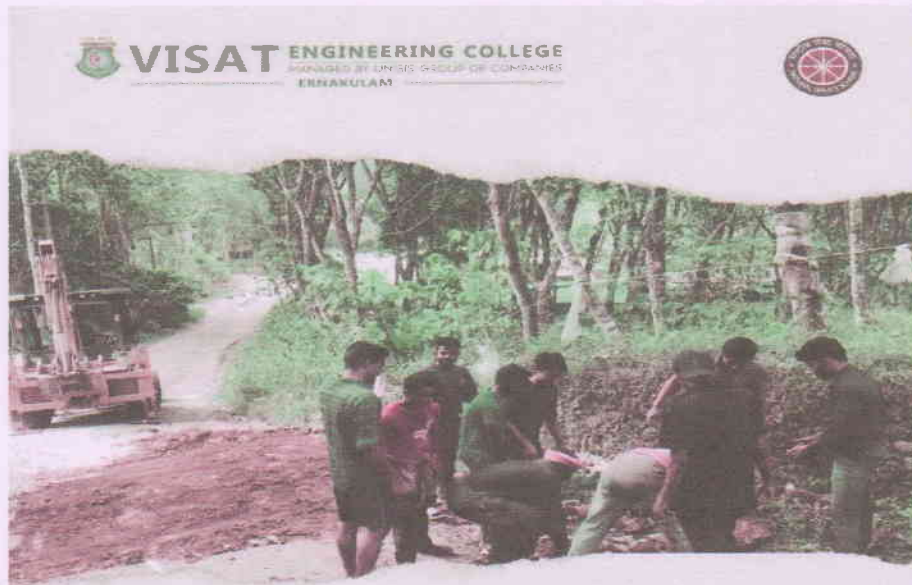
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Description

In order to close socioeconomic gaps, social assistance is crucial. It is a tool for reducing poverty, addressing social inequities, and advancing equal opportunity. It promotes empathy, compassion, and unification, which helps maintain societal harmony. Each person can make a contribution to social service. Large organisations or governmental agencies are not the only ones who practise it. Giving of one's time, talents, or resources can have a profound effect. These people's individual activities can have a significant impact on society.

The volunteers of the NSS unit 325 of the VISAT Engineering College in association with Aamro Dairy Farms, Vaikom, Kerala did the reconstruction and maintenance work of the road from Elanji to Koorumala (2 Km distance).The volunteers were actively involved in the cleaning of roadsides, maintenance of degraded roads and concrete mixing for the pavement of roads. There were 20 NSS volunteers, 5 staffs from VISAT, employees from the Aamro Dairy Farms and 10 volunteers from the public participated in the activity.



NSS UNIT OF VISAT ENGINEERING COLLEGE IN COLLABORATION WITH AAMRO DAIRY FARM RECONSTRUCTED THE ELANJI-KURUMALA ROAD

Photo 15.1: NSS volunteers engaging in road maintenance work.



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ദേശീയം

15.04.2023

ഇലഞ്ഞി-കുരുമുള നോഡ് സഞ്ചാരയോഗ്യമാക്കി

ഇലഞ്ഞി വിസാറ്റ് എഞ്ചിനീയറിംഗ് കോളേജിലെ എൻ.എസ്.എസ് യൂണിറ്റ്, ആരോ ഡയറി ഫാർം, എന്ററിവയുടെ നേതൃത്വത്തിൽ ഇലഞ്ഞി - കുരുമുള നോഡ് സഞ്ചാരയോഗ്യമാക്കി നോഡിൽ ജോലി ചെയ്യുന്ന വിദ്യാർത്ഥികൾ കോളേജ് ക്യാമ്പസ്സും മൂലാലയം ക്യാമ്പസ്സും സന്ദർശിച്ച് നോഡിന്റെ നിലവാരം പരിശോധിച്ചു. നോഡിൽ ജോലി ചെയ്യുന്ന വിദ്യാർത്ഥികൾ കോളേജ് ക്യാമ്പസ്സും മൂലാലയം ക്യാമ്പസ്സും സന്ദർശിച്ച് നോഡിന്റെ നിലവാരം പരിശോധിച്ചു.



ഇലഞ്ഞി കുരുമുള നോഡ് ജോലിക്കാരുടെ നേതൃത്വത്തിൽ നടത്തിയ സഞ്ചാരയോഗ്യമാക്കിയ വിസാറ്റ് എഞ്ചിനീയറിംഗ് കോളേജ് എൻ.എസ്.എസ് യൂണിറ്റ്.

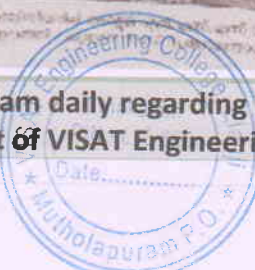
നോഡ് സഞ്ചാരയോഗ്യമാക്കി

കുറവിലാക്കാൻ: ഇലഞ്ഞി വിസാറ്റ് എഞ്ചിനീയറിംഗ് കോളേജിലെ എൻ.എസ്.എസ് യൂണിറ്റ്, ആരോ ഡയറി ഫാർം, എന്ററിവയുടെ നേതൃത്വത്തിൽ ഇലഞ്ഞി - കുരുമുള നോഡ് സഞ്ചാരയോഗ്യമാക്കി. ആരോ ഡയറിസ് മാനേജർ ഉണ്ണി, ജെതിൻ, നിസാർ, ജിബി, എഞ്ചിനീയറിംഗ് കോളേജ് പി.ആർ.ഒ. ഷാജി ആറ്റുപുറം, എൻ.എസ്.എസ് പ്രൊഫ്ര. ഓഫീസർമാരായ ഷിരോള, അമിത് ബെഹി, വോളന്റി യർമാരായ നന്ദു, അഞ്ജൽ, സുജിത് ജനീതൻ എന്നിവർ നേതൃത്വം നൽകി.



• ഇലഞ്ഞി വിസാറ്റ് എഞ്ചിനീയറിംഗ് കോളേജിലെ എൻ.എസ്.എസ് യൂണിറ്റ്, ആരോ ഡയറി ഫാർം, എന്ററിവയുടെ നേതൃത്വത്തിൽ നടത്തിയ സഞ്ചാരയോഗ്യമാക്കിയ വിസാറ്റ് എഞ്ചിനീയറിംഗ് കോളേജ് എൻ.എസ്.എസ് യൂണിറ്റ്.

Photo 15.2: News in Malayalam daily regarding road maintenance work conducted in collaboration with NSS Unit of VISAT Engineering College and AAMRO Dairy Farm.



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10/04/2023

From

Asst.Prof. Akhil Beshy
NSS Program Officer
VISAT Engineering College,Elanji

To

Assistant Engineer
PWD – Roads Division
Koothattukulam
Dear Sir,

I am writing to request permission for the maintenance of the road leading to our college, which is in dire need of repair. Our college is located in Elanji, and the road leading to it has not been maintained properly for quite some time. We the NSS unit of our college would like to undertake the maintenance of the road and bring it up to the required standard.

We would like to request permission from the PWD to carry out the necessary repairs and maintenance work on the road. We will ensure that all necessary safety measures are taken during the course of the work. We also assure you that we will not cause any damage to the public property or disrupt the normal flow of traffic in the area.

We would be grateful if you could grant us the necessary permission to carry out the maintenance work on the road leading to our college. If you require any further information or clarification, please do not hesitate to contact us.

Thank you for your attention to this matter.

Sincerely,

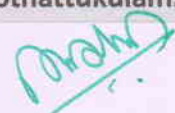

Asst.Prof. Akhil Beshy
NSS PO
VISAT Engineering College,Elanji



Photo 15.3: Proof Of request letter to the Assistant Engineer PWD Koothattukulam.



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M P JOSEPH

VICE PRESIDENT

GRAMA PANCHAYATH MEMBER (Ward III)

FINANCE STANDING COMMITTEE CHAIRMAN

ELANJI - 686665 Phone : 0485 2257352



ISO

MUTTAPPILLIL HOUSE

MUTHOLAPURAM P.O. - 686665

ERNAKULAM (DL), KERALA

Mob: 9446135405

Appreciation Letter for Road Maintenance Work at Elanji

Date: _____

Date: 14/04/2023

Dear Volunteers,

We extend our heartfelt appreciation and gratitude to the dedicated NSS volunteers of VISAT Engineering College for their outstanding service in the road maintenance work from Elanji to Koorumala, which took place on 14/04/2023.

Your unwavering support and hard work significantly contributed to the success of this project. The improved road conditions have had a direct and positive impact on the transportation and accessibility for the residents of our community.

Please accept this letter as a token of our appreciation and acknowledgment of your outstanding work. We hope that you carry this spirit of service and compassion with you as you continue to make a positive impact in various aspects of society.

Thank you for your commitment, and we extend our best wishes for your future endeavors.

Sincerely,

Sri, M P Joseph

Vice President

Elanji Grama Panchayat

M P JOSEPH
Vice President
Elanji Gramapanchayath
Mob: 9446135405

Photo 15.4: Proof of appreciation letter from the Elanji Grama Panchayat.



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16. AWARENESS CAMPAIGN ON THE ADOPTION OF 'UTS' MOBILE APPLICATION

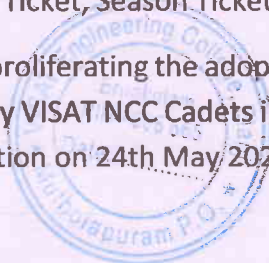
Name Of The Programme	Awareness Campaign On The Adoption Of 'UTS' Mobile Application
Date	24/05/2023
Time	09:30 am to 03:00 pm
Organizer	NCC
Collaborating Agency	Southern Railway
Number Of Volunteers	25 (NCC Cadets - 17)
Place	Ernakulam Railway Station
Motto	Online Booking Made Simple
Outcomes	<ul style="list-style-type: none">➤ Express themselves creatively using online medium for online booking of train tickets.➤ Connect to the lowest level POS (shops, vendors etc.) to spread awareness about digital payments.

Description

UTS on Mobile is an Indian Railways official Android, iOS and Windows based mobile ticketing application, which allows the daily train travellers to book unreserved tickets on their Smartphone. The application has user friendly interface with features like book ticket, cancel ticket, user profile management, frequent travel routes, etc. The feature of UTS on Mobile App:

- (a) Available on Android, Windows and iOS Platform.
- (b) Registration is simple: Passenger can register by providing his/her mobile number, name, password, gender and date of birth.
- (c) This services are not available to persons under the age of 17.
- (d) Upon successful registration, Railway Wallet (R-WALLET) is created automatically with zero balance.
- (e) R-WALLET can be recharged either at any UTS counter or through the website www.utsnmobile.indianrail.gov.in.
- (f) Paperless Journey Ticket, Season Ticket and Platform Ticket can be booked.

Awareness campaign on proliferating the adoption of the "UTS" mobile application and digital transactions in ticketing by VISAT NCC Cadets in association with Southern Railway took place at Ernakulam Railway Station on 24th May 2023. The dedicated mobile application launched



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by the railways for passengers to avail of unreserved paperless ticket facility. This digital and green initiative was meant to reduce the rush at booking counters and reduce the usage of paper. Mr. Hibi Eden, Member of Parliament from the Ernakulam constituency inaugurated the awareness campaign.



Photo 16.1: Mr. Hibi Eden, Member of Parliament inaugurating the campaign.

SOUTHERN RAILWAY

Awareness on UTS App

By VISAT NCC Cadets

16K BN Kottayam



INAUGURATION BY



Shri . Hibi Eden

Member of Parliament



01.00 PM, Wednesday
24 May, 2023

Join Us @ERS



VISAT Engineering College

Arts & Science College

www.VISAT.in / Ph. 833 00 31 888

Photo 16.2: Poster on Southern Railway awareness on UTS App.



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Photo 16.3: The VISAT NCC cadets making awareness about the UTS App among the passengers.

17. WORLD ENVIRONMENTAL DAY CELEBRATIONS

Name Of The Programme	World Environmental Day Celebrations
Date	05/06/2023
Time	09:30 am to 03:00 pm
Organizer	NCC
Collaborating Agency	
Number Of Volunteers	50 (NCC Cadets - 20)
Place	Fort Kochi
Motto	Every Day Is Earth Day, Let's Make It Count
Outcomes	<ul style="list-style-type: none"> ➤ Inspire undergraduate students to undertake activities so that they individually be good and community wise do well. ➤ Develop mind-set to take care of the Environment.



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Description

On June 5, 2023, VISIT NCC cadets celebrated the World Environmental Day at Fort Kochi as part of the mission 'Waste-Free Kerala'. Shri K J Maxi, the Fort Kochi MLA, inaugurated the gathering. In order to raise awareness of the negative impacts of beach trash and its detrimental damaging influence on the environment, the NCC cadets talked with members of the general public, visitors, local merchants, vendors and fishermen along the coastal areas. The chairman of the VISAT Group of Institutions, Sri Raju Kurian together with NSS volunteers and NCC cadets, planted trees in the nearby park as a part of the Environmental Day celebrations.

Together with volunteers and neighbourhood groups, a community clean-up campaign was carried out. The participants came together to clean up a neighbouring park and spread awareness of the value of maintaining clean surroundings. By about 4 o'clock, we finished the initial round of cleaning. At 06:30 pm, we finished our second round of cleaning. Throughout this campaign, the NCC cadets and NSS volunteers were extremely engaged and enthusiastic.



Photo 17.1: Poster on 'Waste Free Kerala' campaign.



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Photo 17.2: NCC cadets and NSS volunteers engaging in cleaning activity.



Photo 17.3: The chairman of the VISAT Group of Institutions, Sri Raju Kurian planting tree saplings.



Raju Kurian

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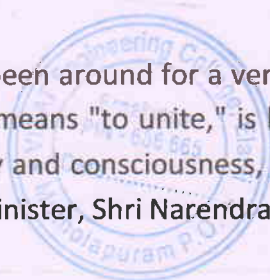
Photo 17.4 : Group photo of the VISAT family, who took part in the 'Waste Free Kerala' campaign.

18. INTERNATIONAL YOGA DAY CELEBRATIONS

Name Of The Programme	International Yoga Day Celebrations
Date	21/06/2023
Time	09:30 am to 11:00 am
Organizer	NCC
Collaborating Agency	
Number Of Volunteers	60 (NCC Cadets - 21)
Place	College Mini Auditorium
Motto	Breathe, Align, Elevate!
Outcomes	<ul style="list-style-type: none"> ➤ Appreciate the benefit of yogasana to connect mind, body and spirit. ➤ Awareness Generation among youth about the benefit of yogasanas.

Description

Yoga is a practise that has been around for a very long time. The word "yoga," which has its primary Indian origins and means "to unite," is borrowed from Sanskrit. This unity denotes the final joining of the body and consciousness, leading to the achievement of unbreakable peace. Our current Prime Minister, Shri Narendra Modi, initiated it first. On June 21, 2015, he



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observed Yoga Day for the first time. On June 15, 2016, Yoga Day was observed globally and became known as International Yoga Day. Since that time, the Ministry of Ayurveda, Yoga, Naturopathy, Unani, Siddha, Sowa-Rigpa and Homoeopathy (AYUSH) in India has commemorated Yoga Day each year.

On June 21, 2023, VISIT Engineering College NCC Cadets celebrated International Yoga Day at the college mini auditorium. The NCC cadets and volunteers from the students union of VISAT Engineering College received training from yogacharya Mr Sakthidasan M S from the Wellness Centre in Hyderabad. The instructors emphasised that yoga is more than just holding one's breath and bending or twisting one's body. It is a method to help you enter a condition where reality is experienced and seen exactly as it is. It should be noted that yoga allows you to experience the entirety of the cosmos as a part of yourself, uniting all things into one. A total of 50 students took part in the training and pledged to practise yoga every day.

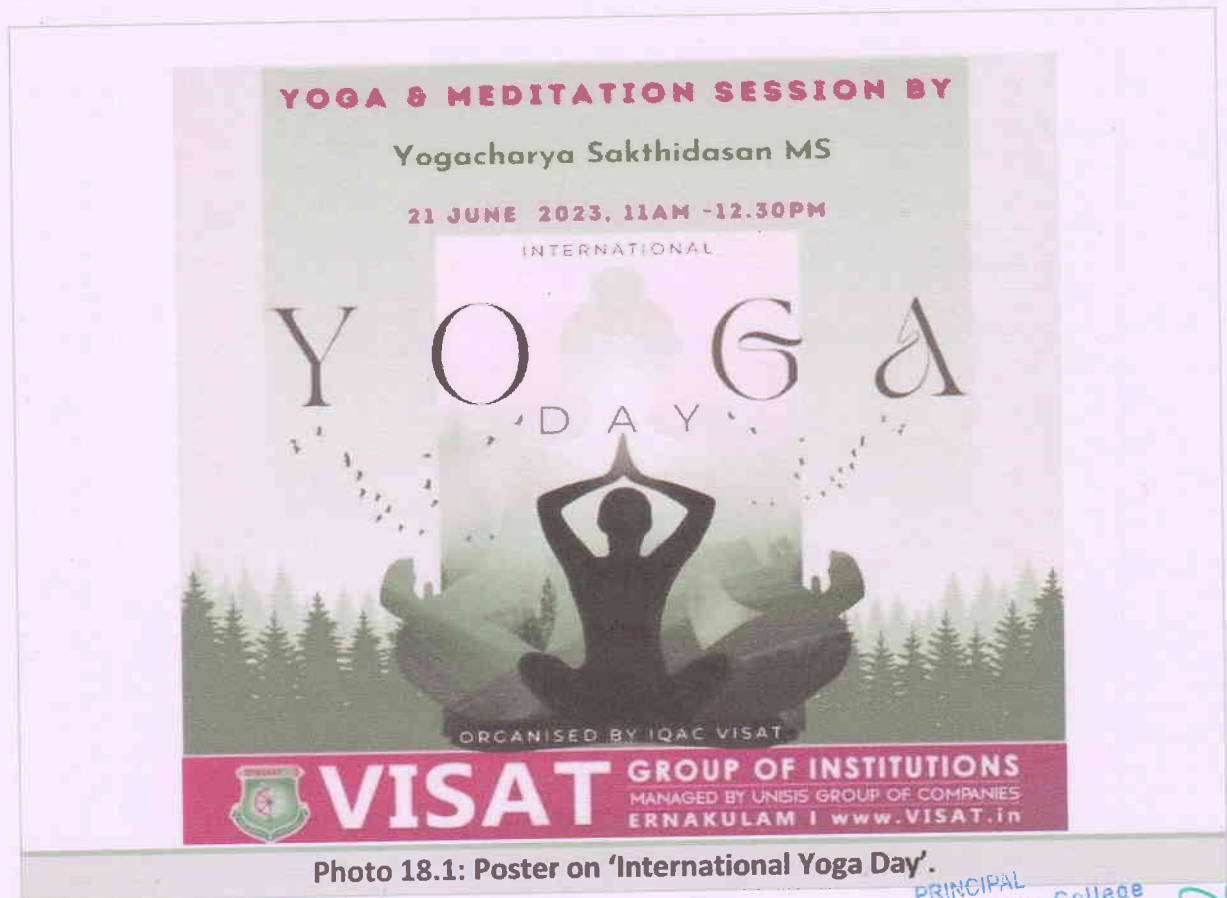


Photo 18.1: Poster on 'International Yoga Day'.



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Photo 18.2: Glimpses of the VISAT family undergoing yoga training.



Prasanna

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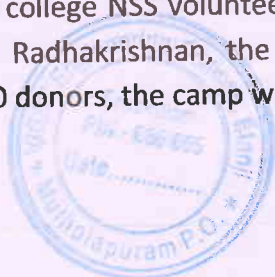
19. BLOOD DONATION CAMP

Name Of The Programme	Blood Donation Camp
Date	27/06/2023
Time	09:30 am to 03:00 pm
Organizer	NSS Unit 570 & 325
Collaborating Agency	HDFC Bank Muvattupuzha And Amrita Institute Of Medical Science , Ernakulam
Number Of Volunteers	30
Place	VISAT Waiting Room
Motto	Donate Blood And Save Lives
Outcomes	<ul style="list-style-type: none">➤ Collect blood units but also to make students aware about blood and its benefits.➤ It was an effort to motivate students to come forward and donate for this noble cause.➤ Help anyone in case of any requirement for blood.

Description

Blood donation is the practise of giving blood to others in order to assist them with their medical issues. One of our body's most crucial fluids, blood is necessary for its proper operation. Blood loss can lead to fatal diseases and even death if it is excessive. Thus, it is clear how giving blood physically saves lives and benefits individuals. In addition, it binds people despite differences in caste, creed, religion, and other categories. Regular blood donation camps are held, particularly in rural areas and educational institutions, with the aim of raising awareness among children and the general public in these areas and encouraging voluntary blood donation. Village motivators, donors, and camp organisers have received the necessary training for the job.

A camp for voluntary blood donation was organised by the college NSS units 570 and 325 in the reception waiting room of the campus. The HDFC Bank in Muvattupuzha provided the funding for the camp, which was organised in association with the Amrita Institute of Medical Science in Cochin. Rtd. Wing Commander Pramod Nair, the college director, inaugurated the camp. Along with the college NSS volunteers, the principal, registrar, dean, heads of other departments and Mr. Radhakrishnan, the administrator of Amrita Hospital attended the camp. With around 40 donors, the camp was successfully wrapped.



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Photo 19.1: Poster on the blood donation camp.



Photo 19.2: The college Director Mr. Pramod Nair inaugurating the blood donation camp.



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Photo 19.3: The VISAT staffs donating the blood.

Ramapuram.info  

വിസാറ്റ് ഗ്രൂപ്പ് ഓഫ് ഇൻസ്റ്റിറ്റ്യൂഷൻസിൽ രക്തദാന ക്യാമ്പ് നടത്തി



M R Raju Ramapuram | 28-06-2023



ഇലഞ്ഞി വിസാറ്റ് ഗ്രൂപ്പ് ഓഫ് ഇൻസ്റ്റിറ്റ്യൂഷൻസിൽ നടന്ന രക്തദാന ക്യാമ്പ് വിസാറ്റ് കോളേജ് ഡയറക്ടർ റിട്ടയേർഡ് വിംഗ് കമാൻഡർ പ്രമോദ് നായർ ഉദ്ഘാടനം ചെയ്യുന്നു.

ഇലഞ്ഞി: വിസാറ്റ് ഗ്രൂപ്പ് ഓഫ് ഇൻസ്റ്റിറ്റ്യൂഷൻസ്, കൊച്ചി അമൃത ആശുപത്രി, എച്ച് ഡി എഫ് സി ബാങ്ക് എന്നിവരുടെ സംയുക്ത ആഭിമുഖ്യത്തിൽ രക്തദാന ക്യാമ്പ് നടത്തി. വിസാറ്റ് കോളേജ് ഡയറക്ടർ റിട്ടയേർഡ് വിംഗ് കമാൻഡർ പ്രമോദ് നായർ ക്യാമ്പ് ഉദ്ഘാടനം ചെയ്തു.

Photo 19.4: News in Malayalam daily regarding a "Blood Donation Camp" was conducted at VISAT Group of Institutions.



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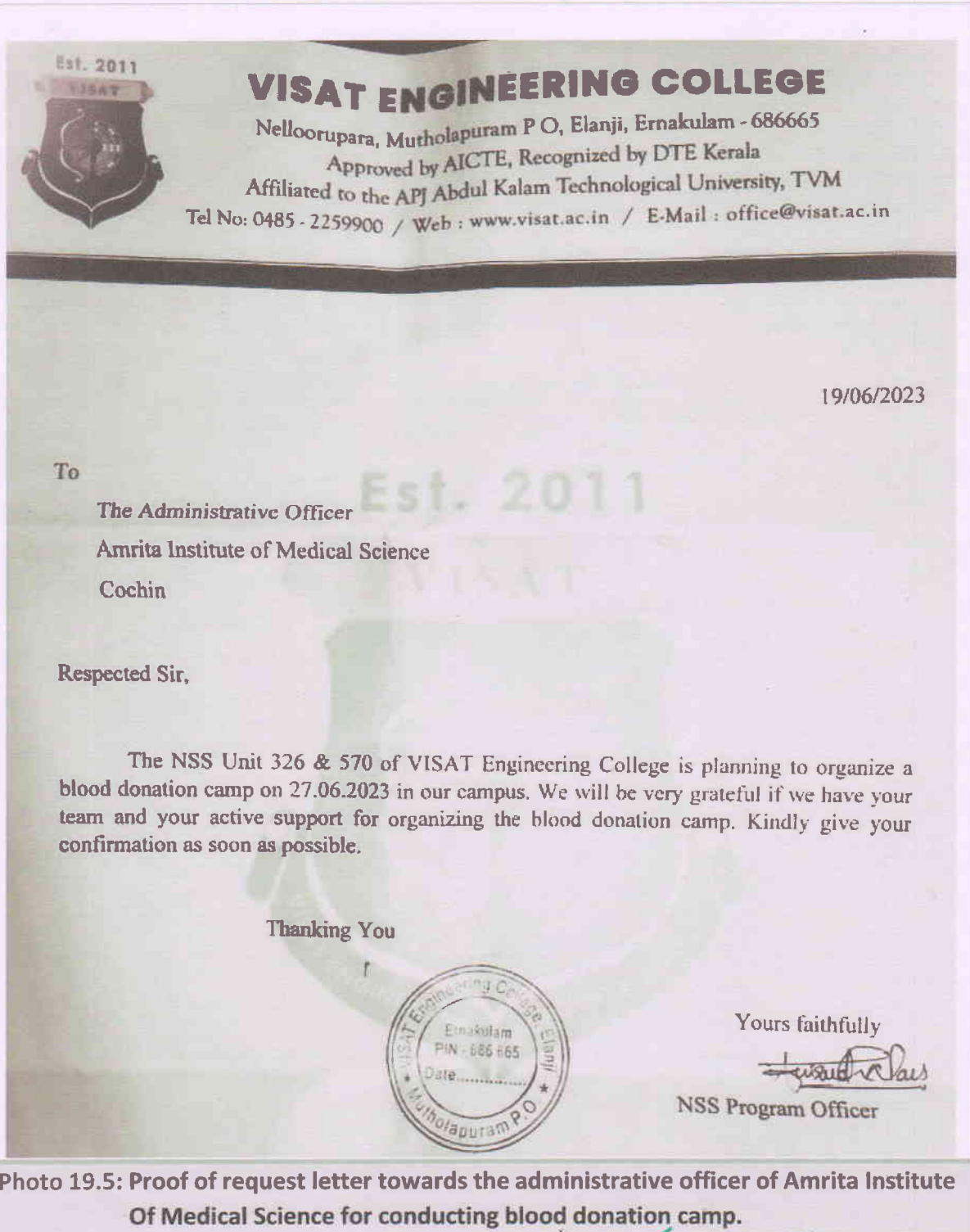


Photo 19.5: Proof of request letter towards the administrative officer of Amrita Institute Of Medical Science for conducting blood donation camp.



[Handwritten signature]

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Date: 27/06/2023

Dr Anoop K J
Principal

LETTER OF GRATITUDE

To

The Administrative Officer
Amrita Institute of Medical Science
Cochin

Respected Sir,

With all due respect, the college management of VISAT Engineering College would like to thank you for your valuable service at the Blood Donation Camp in our campus. We really appreciate you for taking out time for us from your busy schedule. All thanks to your team.

We are profoundly grateful for your service.

We hope this kindness and cooperation will continue in the future.

We are looking forward to inviting you again.

With Warm Regards,

(Handwritten Signature)
27/06/23
PRINCIPAL



Photo 19.6 : Proof of letter of gratitude towards the medical professionals of Amrita Institute Of Medical Science.



(Handwritten Signature)

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20. INDEPENDENCE DAY CELEBRATION

Name Of The Programme	Independence Day Celebrations
Date	15/08/2023
Time	09:30 am to 10:00 am
Organizer	NCC
Collaborating Agency	
Number Of Volunteers	40 (NCC Cadets - 16)
Place	VISAT Campus
Motto	Freedom Is A Priceless Gem, Try To Preserve It
Outcomes	<ul style="list-style-type: none">➤ Strives to facilitate the youth and scholars to shoulder the accountability for fulfilling the country's efforts in recording the history of our Independence fighters.➤ Showcase the accomplishments of the independence movement to the world.➤ Echoes motivation from freedom warriors, new visions, new resolutions, and self-dependence.

Description

India observes Independence Day, a significant national holiday, on August 15. It commemorates the day in 1947 when the nation became independent from British domination. This day serves as a reminder of the heroism and sacrifices that all men and women made in order to liberate our nation from British rule. On this day, we honour the freedom warriors who gave their lives in defence of their country.

On August 15, 2023, the VISAT NCC Unit commemorated India's 77th anniversary of independence. Mr. Pramod Nair, the Director of the VISAT group of Institutions hoisted the national flag and gave the inaugural speech. The special address was given by VISAT Engineering College Principal Dr. Anoop K. J. The NCC cadets, NSS volunteers, teachers, and hostel students participated in the Independence Day celebration.



Pramod Nair

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Photo 20.1: The college Director hoisting the National Flag.



Photo 20.2: VISAT family salutig the National Flag.



Pranav

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21. SWACHHATA PAKHWADA - PIRAVAM RAILWAY STATION

Name Of The Programme	Swachhata Pakhwada – Piravam Railway Station
Date	28/09/2023
Time	10:00 am to 03:00 pm
Organizer	NCC
Collaborating Agency	
Number Of Cadets	16
Place	Piravam Railway Station
Motto	Love Cleanliness, Cleanliness Is Next To Godliness
Outcomes	<ul style="list-style-type: none">➤ Inspire undergraduate students to undertake activities so that they individually be good and community wise do well.➤ Develop mind-set to take care of the Environment.

Description

People are urged by Prime Minister Shri Narendra Modi to realise Mahatma Gandhi's goal of a Clean India. The "Swachh Bharat Abhiyan" is a vast grassroots movement that aims to make India clean. Mahatma Gandhi held cleanliness in high regard. The greatest homage we can offer to Bapu is a clean India. Mahatma Gandhi dedicated his life to achieving "Swarajya" for India. The moment has come for us to dedicate ourselves to maintaining the cleanliness of our motherland, or "Swachhta."

As part of the mission "Swachhata Pakhwada 2023" Visat Engineering College NCC cadets led by Lt. Dr. T D Subhash, NCC Officer, cleaned Piravam Road Railway Station and its premises. Swachhata Pakhwada 2023" will consist of a series of activities dedicated to improving cleanliness across railway premises including stations, colonies and hospitals. The main theme of the mission is to create awareness about cleanliness and reduce the use of plastic. Chief Health Inspector Pratap Sathyan inaugurated the cleaning work. He also congratulated the NCC cadets and the college. Station Manager Meena, Southern Railway Kottayam Station Master Manu and Lt. Dr. T D Subhash presided over the programme.



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Photo 22.1: The VISAT NCC cadets engaging in cleaning activity at Piravam Railway Station.



സ്വച്ഛതാ പക്വാട മിഷന്റെ ഭാഗമായി ഇലഞ്ഞി വിസാറ്റ് എൻജിനീയറിംഗ് കോളജിലെ എൻസിസി കേഡറ്റുകൾ പിറവം റെയിൽവേ സ്റ്റേഷൻ ശുചീകരിക്കുന്നു.

റെയിൽവേ സ്റ്റേഷൻ ശുചീകരിച്ചു

ഇലഞ്ഞി: സ്വച്ഛതാ പക്വാട 2023 മിഷന്റെ ഭാഗമായി ഇലഞ്ഞി വിസാറ്റ് എൻജിനീയറിംഗ് കോളജിൽ എൻസിസി കേഡറ്റുകൾ പിറവം റെയിൽവേ സ്റ്റേഷൻ ശുചീകരിച്ചു. പിറവം ചീഫ് ഹെൽത്ത് ഇൻസ്പെക്ടർ പ്രതാപ് സത്യൻ ഉദ്ദേശ്യം ചെയ്തു. എൻസിസി ഓഫീസർ ലൈറ്റ്റ്നന്റ് ടി.ഡി. സുജാഷ്ണ തുടങ്ങിയവർ നേതൃത്വം നൽകി. സ്റ്റേഷൻ മാനേജർ മീന, സതേഷൻ റെയിൽവേ കോട്ടയം സ്റ്റേഷൻ മാസ്റ്റർ മനു തുടങ്ങിയവർ നേതൃത്വം നൽകി.

Photo 22.2: News in Malayalam daily regarding NCC cadets of Visat Engineering College are cleaning the railway station as part of Swachhata Pakwata Mission.



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22. SELECTION OF NCC CADETS

Name Of The Programme	Selection Of NCC Cadets Academic Year 2023 - 2024
Date	30/09/2023
Time	10:00 am to 02:30 pm
Organizer	NCC
Collaborating Agency	
Number Of Volunteers	85
Place	VISAT Campus
Motto	Nation First
Outcomes	<ul style="list-style-type: none">➤ A sense of patriotic commitment to encourage cadets to contribute to national development.➤ Respect for diversities in religion, language, culture, ethnicity, life style and habitat to instil a sense of National unity and social cohesion.

Description

The NCC's 1988 "Aims" have withstood the test of time and continue to fulfil the expectations placed on them by the nation's present socioeconomic environment. Character, camaraderie, discipline, a secular worldview, and the spirit are all goals of the NCC.

The NCC Cadets for the forthcoming academic year 2023–2024 were chosen on September 30, 2023. In the presence of the College Associate NCC Officer Lt. Dr. Subash T D, the cadets were selected by 16K BN Kottayam NCC officers Subedar Kuldeep Singh and Havildar Anuj Kumar. In total, 85 students participated in the selection process. 35 cadets were selected after the physical examination and direct interview. The selected people were sent for medical evaluations before confirmation.



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IN YOU?**

We are Looking for You

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Unity & Discipline

YOUTH LEADERSHIP

Special Entry for NCC Cadets in Defence

NCC Cadets are directly eligible for SSB Interview

Many other Career Opportunities

GOD MAKES MEN NCC MAKES GENTLEMEN

"NATION FIRST"



VISAT
GROUP OF INSTITUTIONS



GOLDEN OPPORTUNITY

29th September 2023

Photo 21.1: Poster on the 'Join NCC'.



Photo 21.2: Male candidates undergoing physical test.



Prakash

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Photo 21.3: Female candidates undergoing physical test.



Photo 21.4 : News in Malayalam daily "Deepika" regarding selection of NCC cadets in VISAT Engineering College

23. SWACHHATA PAKHWADA - KANJIRAMATTOM RAILWAY STATION

Name Of The Programme	Swachhata Pakhwada – Kanjiramattom Railway Station
Date	02/10/2023
Time	10:00 am to 03:00 pm
Organizer	NCC
Collaborating Agency	
Number Of Cadets	14



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Place	Kanjiramattom Road Railway Station
Motto	Love Cleanliness, Cleanliness Is Next To Godliness
Outcomes	<ul style="list-style-type: none"> ➤ Inspire undergraduate students to undertake activities so that they individually be good and community wise do well. ➤ Develop mind-set to take care of the Environment.

Description

People are urged by Prime Minister Shri Narendra Modi to realise Mahatma Gandhi's goal of a Clean India. The "Swachh Bharat Abhiyan" is a vast grassroots movement that aims to make India clean. Mahatma Gandhi held cleanliness in high regard. The greatest homage we can offer to Bapu is a clean India. Mahatma Gandhi dedicated his life to achieving "Swarajya" for India. The moment has come for us to dedicate ourselves to maintaining the cleanliness of our motherland, or "Swachhta."

As part of the mission "Swachhata Pakhwada 2023" Visat Engineering College NCC cadets led by Lt. Dr. T D Subhash, NCC Officer, cleaned Kanjiramattom Road Railway Station and its premises. Swachhata Pakhwada 2023 will consist of a series of activities dedicated to improving cleanliness across railway premises including stations, colonies and hospitals. The main theme of the mission is to create awareness about cleanliness and reduce the use of plastic.



Photo 23.1 : Poster on the Swachhata Pakhwada – Kanjiramattom Railway Station cleaning.



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Photo 22.2: The VISAT NCC cadets engaging in cleaning activity at Kanjiramittam Railway Station.



Photo 22.3: The VISAT NCC cadets at Kanjiramittam Piravam Railway Station.



Prav

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